

RHODE ISLAND COLLEGE UPWARD BOUND PROGRAM

THE CURRICULUM, SERVICES, AND ACTIVITIES THAT ARE PLANNED FOR PARTICIPANTS IN BOTH THE SUMMER AND ACADEMIC YEAR COMPONENTS

The Upward Bound Program will provide a full-range of academic support services and interventions, including remedial instruction, rigorous courses aligned to state standards, personal counseling and advising, test-taking strategies, and tutorial assistance.

Overview of the Six-Week Residential Summer Component: The Program will conduct a six-week, residential summer component for students who have made satisfactory progress meeting the program's *Standards of Excellence*. Students will reside on campus in one of the Rhode Island College dormitories, from Sunday evening through Friday evening. Upward Bound will utilize Rhode Island College facilities for educational, cultural, and recreational programming. The courses that the students take in English, mathematics, and science are developed to impact their performance in their high school classes the following year.

Overview of the Academic Year - Saturday Academy Program: The academic year component is critical because it provides a linkage to the schools and better prepares students for success in high school and in post-secondary education. The close proximity of Rhode Island College to the target areas allows formal classes to be held on campus during the school year from October - May and will include twenty Saturday sessions. The academic year program offers a continuation of services and learning goals initiated during the summer component. During the fall term, 9th thru 11th graders will take two courses (mathematics and Literature & Composition) while seniors will participate in a Senior Writing Seminar and mathematics. During the spring semester, undergraduates will continue with the two classes; however, seniors will take one course, Strategies for College Success, a seminar designed by college faculty and program staff to assist seniors to make the transition to college.

Upward Bound’s Academic Curriculum: The scope and sequence of the academic curriculum will be aligned to the Common Core State Standards which define the knowledge and skills needed for students to succeed in college and in their future careers. The curriculum will promote the mastery of skills through rigorous course content, application of knowledge, problem solving, and the ability to conduct research projects and communicate their results.

Table 1
Academic Curriculum Topics First Period of Enrollment – Regardless of Grade Level

Personal & Academic Success Skills Course (P.A.S.S.)	Entering Upward Bound Student’s Math Pathway
<ul style="list-style-type: none"> • Learning styles & Study Skills Inventory • Note taking skills – discipline specific • Building effective listening skills • Strategies for effective time management • Resources & networking • Effective essay development • Academic integrity • Library and research skills • Critical reading & analysis • Public speaking 	<p>Initial placement - in one of the following courses - will be determined by a review of state test results and high school transcript:</p> <ul style="list-style-type: none"> • Pre-Algebra • Algebra I • Introduction to Problem Solving <p>Multiple assessments will be used to determine proficiency level before the student advances in the math pathway.</p>

Table 2
Levels of Upward Bound Core Curriculum
Literature & Composition, Mathematics, Laboratory Science, and Foreign Language

Developmental/Fundamental	Core Level	Advanced Level
<ul style="list-style-type: none"> • Language Arts, Reading Mastery, and Learning Strategies 	<ul style="list-style-type: none"> • Intro to Literature & Composition • Advanced Literature & Composition 	<ul style="list-style-type: none"> • First Year College Literature & Writing • Senior Writing Seminar
<ul style="list-style-type: none"> • Pre-Algebra • Algebra I 	<ul style="list-style-type: none"> • Algebra II • Geometry 	<ul style="list-style-type: none"> • Trigonometry • College Mathematics • Advanced Problem Solving • Statistics • Introduction to Calculus
<ul style="list-style-type: none"> • General Science • Intro to Biology • Physical Science 	<ul style="list-style-type: none"> • Biology • Human Physiology • Chemistry 	<ul style="list-style-type: none"> • Physics • Chemistry (Advanced Level)
<ul style="list-style-type: none"> • Foreign Language: Participants will be exposed to new cultures and a global perspective through an introduction to languages in which they have no prior experience. <u>Fundamental</u> courses offered include: Arabic, Chinese, German, Japanese, and Swahili. 		
<ul style="list-style-type: none"> • English and Math courses are offered during the summer and the Saturday Academy. • Science (with formal labs) and Foreign languages are only offered during the summer. 		
<ul style="list-style-type: none"> • Classes are held in electronic classrooms, state-of-art science laboratories, computer labs. Students are granted library and computer technology use privileges. 		

**Table 3
Academic Support Skill Development**

Developmental/Fundamental (Grade 9 and 10)	Core Level (Grade 10 and 11)	Advanced Level (Grade 12)
<ul style="list-style-type: none"> • Reading comprehension • Retention Skills • Public Speaking • Test-Prep workshops (state testing, SATs) • Tutoring and remediation • Test-taking strategies 	<ul style="list-style-type: none"> • Academic Leadership Skills • Intro to Research • Test-Prep workshops (state testing, SATs) • Tutoring • Test-taking strategies 	<ul style="list-style-type: none"> • Research and Communication Skills for Success in College • Intro to Blackboard, iClicker • Test-taking strategies (state test, SATs, Test of English-as-a-Foreign-Language (TOEFL)) • Tutoring

Upward Bound’s Counseling and Advising Curriculum: During the academic year, individual counseling sessions will be held at least bi-weekly and will be scheduled in the target high schools. In addition to personal issues, each student's academic success, course selection, and preparation for post-secondary admission will be addressed.

**Table 4
Academic & Personal Counseling Curriculum
All Grade Levels/Each Year**

<ul style="list-style-type: none"> • Establish/enhance working relationship with students and parents/guardians • Meet with students on a bi-weekly basis to discuss personal and family issues • Discuss/set short-term and long-term goals relative to Upward Bound’s Personal, Academic, and College Planning Profile (PACPP) • Audit individual student transcript to identify strengths and deficiencies relative to: state and school graduation requirements, Rigorous Secondary Program of Study, college readiness • Evaluate student’s progress and achievement in relation to the “Personal & Academic Standards of Excellence for Continuation and Graduation from Upward Bound;” identify and employ requisite interventions and services • Recommend course selections for the next year of high school or freshman year of college, i.e. Early Enrollment Programs • Incorporate lessons learned from summer experience into the next year to increase emphasis on academic achievement • Meet as a team to discuss students who are at-risk of failing or withdrawing from program; identify strategies to address student needs and concerns • Discuss how to be proactive in student’s learning and social/personal development • Offer financial literacy workshops (parents/guardians are expected to attend) • Conduct financial aid workshops to review: FAFSA and CSS PROFILE forms, cost of attendance, loan default, assistance available from federal government, institutions, and scholarship organizations (parents/guardians expected to attend) • Encourage students to attend college fairs held in Rhode Island • Review Upward Bound transcript and offer suggestions to advance in curriculum

Grade 9
<ul style="list-style-type: none"> • Establish College Board account and navigate site • Introduce students to WaytogoRI.org, Rhode Island’s source for college and career planning • Discuss PSAT testing • Conduct group counseling sessions specifically related to student-generated topics • Encourage students to attend Upward Bound’s annual college fair held in September
Grade 10
<ul style="list-style-type: none"> • Begin college search; establish College Board account and navigate site, introduce students to WaytogoRI.org, Rhode Island’s source for college and career planning • Discuss & confirm student is registered for PSAT test • Discuss and register student for June SAT test • Encourage students to attend Upward Bound’s annual college fair held in September
Grade 11
<ul style="list-style-type: none"> • Encourage rising juniors to apply for the Upward Bound summer internship program • Encourage students to attend Upward Bound’s annual college fair held in September • Begin college search; establish College Board account and navigate site, introduce students to WaytogoRI.org, Rhode Island’s source for college and career planning • Develop on-going college related assignments using college access websites and tools • Register student for scholarship search engines, i.e. Fastweb.com, rifoundation.org • Encourage student to attend college visits, open houses, and tours • Register students for the June SAT test; review scores in relation to college goals
Grade 12
<ul style="list-style-type: none"> • Encourage rising seniors to apply for the Upward Bound summer internship program • Prepare seniors to participate in Upward Bound’s Senior Day (workshops conducted by area college representatives, SAT registration, college fair at which more than 25 colleges and universities from New England are represented) • Confirm SAT registration test site; review scores in relation to college goals • Identify students who qualify for the TOEFL test administered by Upward Bound • Work intensively with students (and parents) to research and identify a list of colleges that include realistic, competitive, and highly competitive institutions appropriate to student’s interests and qualifications; modify that list throughout the first semester • Monitor timeline for student to meet deadlines for: Early Action/Early Decision/Traditional Admissions, FAFSA, CSS PROFILE, institutional aid, scholarship programs • Meet with student and parent to make necessary changes to SAR & CSS PROFILE, review financial aid awards to make an informed decision relative to college enrollment • Outline steps that student and parent/guardian must take to finalize placement including enrollment and housing deposits, signing of loan Promissory Note (MPN) and other financial documents, as required, and confirm registration for college orientation • Conduct exit interview, confirm Consent to Release form is on file, and document data required for grant reporting • Continue to be available to advise students during their college years

Because it is common for students to arrive on campus with a set of learned behaviors that are not conducive to meeting the demands of Upward Bound, the Program implements a well-designed code of conduct. Social and cultural activities are scheduled to complement the academic experience and to maximize student interaction.