

## Issues in Aging: Hooked, Hoarding, Harassment, Hazardous Driving

The conference offers sessions on 4 emerging topic of relevance to older adults. The “Hooked” workshop will provide a summary of epidemiology, clinical characteristics, and treatment recommendations regarding opioid use and misuse among older adults. The “Hoarding” workshop will define hoarding behaviors and the psychiatric condition “Hoarding Disorder;” present evidence-based assessment tools for hoarding, review evidence-based interventions for Hoarding Disorder and describe local resources for assisting individuals with Hoarding Disorder. The “Harassment” workshop will enable participants to increase their knowledge about bullying, understand its impact on victims and on bystanders, and explore interventions. The “Hazardous Driving” workshop will help participants learn more about AAA’s Longitudinal Research on Aging Drivers (LONGROAD) study and the importance of mobility planning.

As the first gerontology program in the state of Rhode Island, RIC’s multidisciplinary program leads to a minor or certificate in gerontology and equips students with a systematic grounding in the study of aging, enabling graduates to successfully work in settings that provide services or advocacy to an aged population. Courses on aging are offered through the Departments of Sociology, Psychology, and Physical Education/ Health; through the Schools of Nursing and Social Work; and through other disciplines.

## REGISTRATION

*There is no pre-registration for the conference.  
To better accommodate our participants, please  
email [rflinson@ric.edu](mailto:rflinson@ric.edu) if you plan on attending.*

## PRESENTERS

**Dr. Brandi Parker Cotton**, assistant professor at URI, focuses her research primarily on medication assisted treatment for opioid use disorders among older adults. She uses a mixed-method approach to investigate this topic and recently explored the prevalence of and clinical factors related to Methadone Maintenance Treatment (MMT) among adults 50 years of age and older receiving treatment in Rhode Island. She has recently been awarded a grant from the American Nurses Foundation and the Eastern Nursing Research Society for her study on dyadic influences on treatment outcomes among couples receiving MMT.

**Elda M. Dawber** is a specialist on issues related to interpersonal violence, including bullying and sexual harassment occurring across the life span. She is an accomplished consultant and trainer who has organized and presented at a variety of local and national conferences over the years. She is an adjunct professor at the Rhode Island College School of Social Work and the author of three books.

**Diana Imondi** is the Manager of Traffic Safety Programs, Public Affairs for AAA (American Automobile Association) Northeast. Her work involves educating senior citizens in defensive driving and mobility planning. Through her role as Age-Friendly RI’s Transportation Committee Chair, she is currently involved with the AARP Community Challenge Grant, awarded to the Rhode Island College Foundation, to educate Rhode Island seniors about the use of ride-sharing services by older adults.

**Dr. Maria Mancebo** is an Assistant Professor of Research in their Department of Psychiatry and Human Behavior, specializing in cognitive-behavioral therapy for obsessive-compulsive disorder and compulsive hoarding. She is program manager of the OCD and Anxiety Disorders Program at Butler Hospital. Her work has been funded by the National Institutes of Health and she has a number of publications on the outcome of treatments for OCD and hoarding provided in community settings. She is the Chair of the Research sub-committee of the RI Hoarding Task Force.



RHODE ISLAND COLLEGE

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## A Free Mini-Conference

April 17, 2019

9 a.m. - Noon

Main Dining Room, Faculty Center

Sponsored by the Gerontology Center

# CONFERENCE PROGRAM

8:30-9 a.m. - Registration (pre-registration optional)

9-9:15 a.m. - Welcome

9:15-10:30 a.m. - Workshop Session I

Select from the following:

## A. "Hooked"

### Opioid Misuse and Abuse among Older Adults

Brandi Parker Cotton, Ph.D., M.S.N.  
*Assistant Professor of Nursing, URI*

## B. "Hoarding"

### Compulsive Hoarding in Older Adults

Maria Mancebo, Ph.D.  
*Program Director, OCD and Anxiety Intensive Outpatient Program at Butler Hospital  
Assistant Professor (Research) Dept. of Psychiatry and Human Behavior, Brown University, Alpert Medical School*

## C. "Harrassment"

### Dissing, Excluding, and More: Bullying in Senior Communities

Elda M. Dawber, L.I.C.S.W.  
*Clinical Social Worker, Trainer and Author*

## D. "Hazardous Driving" Senior Mobility for the LONG ROAD

Diana Imondi  
*Traffic Safety Programs Manager, Public Affairs,  
AAA Northeast*

10:30-10:45 a.m. - Refreshments

11:15-12:00 p.m. - Workshop Session II

Select from one of the aforementioned workshops C or D.

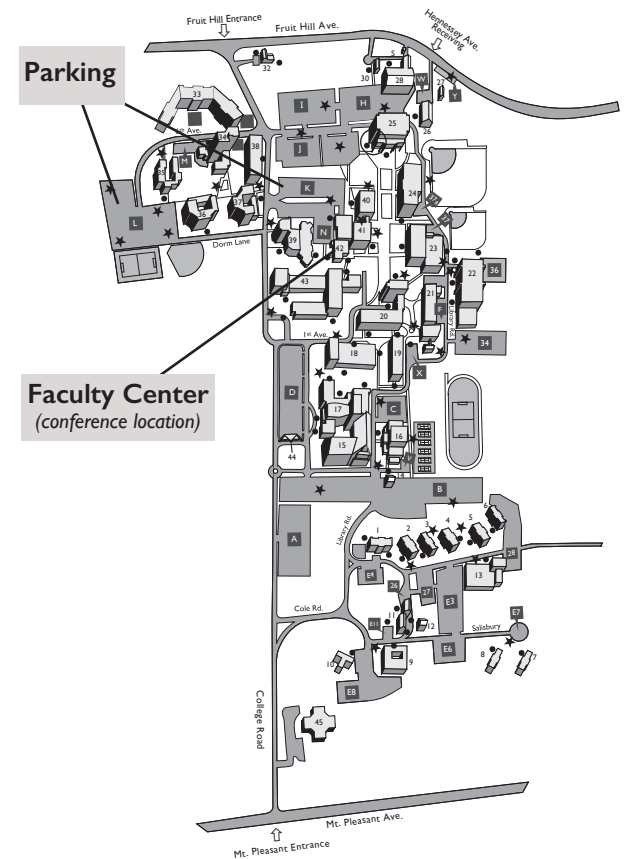
This program is free and open to the public due to the generosity of the Rhode Island College Lecture Committee. Three contact hours are available.



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## Parking

Parking is available in Parking Lot K and in the back of Parking Lot L. Use the Fruit Hill Avenue entrance to the campus, then take the second left or first right.



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