

ACADEMIC RHODEMAP BS HEALTH EDUCATION MAJOR



RHODE ISLAND COLLEGE

GENERAL EDUCATION: A complete listing of General Education courses can be found at the Office of Academic Support and Information Services (OASIS) or online at <http://www.ric.edu/recordsoffice/Pages/College-Catalog.aspx>. Look at catalog for year you enrolled. For General Education courses, aside from Second Language requirement, which varies depending on where you are placed, you need **ONE** course from each category. Second Language 101/102 options are: American Sign, Arabic, French, German, Italian, Japanese, Latin, Portuguese, or Spanish. For other ways to satisfy the second language requirement see: [Second-Language-Requirement](#). Courses marked (F) offered Fall only; (Sp) Spring. All courses marked with an asterisk * have a prerequisite.

Cognates and Program Courses checklist	Course	Program Courses contd. /Professional sequence	Course
BIOL 108 Basic Principles of Biology*		HPE 404 School Health and Physical Education Leadership (Sp)*	
BIOL 231 Human Anatomy*		HPE 410 Stress Management*	
BIOL 335 Human Physiology*		HPE 431 Drug Education*	
PSYC 110 Introduction to Psychology		CEP 315 Educational Psychology*	
HPE 101 Human Sexuality		FNED 346 Schooling in a Democratic Society*	
HPE 102 Personal Health		HPE 300 Concepts of Teaching*	
HPE 140 Foundations of Wellness and Health Promotion		HPE 417 Practicum in Elementary Health Education(F)*	
HPE 200 Applying Health Concepts to School Settings*		HPE 418 Practicum in Secondary Health Education (Sp)*	
HPE 221 Nutrition		HPE 422 Student Teaching Seminar in Health Education*	
HPE 233 Social and Global Perspectives on Health*		HPE 424 Student Teaching in Health Education*	
HPE 325 Assessment in Health and Physical Education (F)*		SPED 433 Adaptation of Instruction for Inclusive Education*	

This map is a semester-by-semester plan to help you toward graduation in four years. Not everyone graduates in four years as it depends on how many courses you can take, and how you do in those courses. This map is not your only route; it is a suggestion. You might take additional courses over the summer (or early spring/winter) to catch up or get ahead if the courses you need are offered at these times. While many courses in your major will have prerequisites that will need you to take them in a special order, there is some flexibility in this map, but always double check you have the correct prerequisites for a course you plan to take.

The column to the left on the other side of this page suggests the ideal courses for you to take each semester. There are times when those courses may be full or unavailable the semester you plan to take them, in which case consider another course from a different semester with which you can switch. The column on the right has "Checkpoints" for each semester that show where you should be by the end of that semester. You should work from this map as you plan each semester's schedule, before checking in with your advisor. The Map is designed primarily for freshmen coming to college for the first time, but transfer students may also use the RhodeMap with the understanding that they have most likely completed several requirements through transfer of credit, and will be starting further into the program. Maps assume a Fall start.

GRADUATION REQUIREMENTS: The following requirements must be completed by undergraduate degree candidates at Rhode Island College in order to graduate:

- General Education program, including a second language requirement
- College Math Competency (which is separate from the Gen Ed math requirement)
- College Writing Competency (satisfied by FYW with a minimum grade of C) Admission to FSEHD requires a minimum of B.
- Academic Major—see check chart above.
- A minimum of 120 credit hours, with a minimum of 45 credit hours taken at RIC. Of the 45 credit hours, a minimum of 15 credit hours must be in the major (12 of which must be at the 300- or 400-level).
- A minimum overall grade point average of 2.75

Approved by Department Chair: Robin Kirkwood Auld Date 7/14/2016
Approved by Undergraduate Curriculum Committee: Date 7/14/2016

Revised: 7/17/2017



SEMESTER 1	CR	SEMESTER 1 CHECKPOINTS ✓
First Year Writing (FYW 100)	4	<input type="checkbox"/> FYW 100P is a 6 credit option. To decide which FYW to take, check the Directed Self-Placement test at www.ric.edu/firstyearwriting ; minimum grade of B
Gen Ed Distribution course from one of these GE categories: Arts (A); History (H); Literature (L).	4	
HPE 101 Human Sexuality	3	<input type="checkbox"/> Minimum grade of B-
HPE 102 Personal Health	3	<input type="checkbox"/> Minimum grade of B-
HPE 140 Foundations of Wellness and Health Promotion	3	<input type="checkbox"/> Minimum grade of B-
Requirements and GPA		<input type="checkbox"/> Aim for 17 earned credits (While 12 is fulltime, 17 credits are preferred to stay on track to graduate in 4 years) <input type="checkbox"/> Minimum 2.75 GPA <input type="checkbox"/> Math competency completed
# CREDITS EARNED	17	<input type="checkbox"/> Make appointment with advisor to discuss your schedule for next semester in Sept.

SEMESTER 2	CR	SEMESTER 2 CHECKPOINTS ✓
FYS 100 First Year Seminar	4	
HPE 200 Applying Health Concepts to School Settings*	3	<input type="checkbox"/> Prereq. HPE 140; Minimum grade of B-
HPE 221 Nutrition	3	<input type="checkbox"/>
FNED 346 Schooling in a Democratic Society*	4	<input type="checkbox"/> Prereq. FYW minimum grade of B; Minimum grade of B-
Gen Ed Social and Behavioral Sciences (SB) Choose: PSYC 110 Introduction to Psychology	4	<input type="checkbox"/> Minimum grade of C
Requirements and GPA		<input type="checkbox"/> Need a minimum of 35 earned credits <input type="checkbox"/> Minimum 2.75 GPA
# CREDITS EARNED	18	<input type="checkbox"/> Make appointment with advisor to discuss your schedule for next semester in Feb.

SEMESTER 3	CR	SEMESTER 3 CHECKPOINTS ✓
HPE 233 Social Perspectives of Health*	3	<input type="checkbox"/> Prereq. 24 completed credits; Minimum grade of B-
HPE 300 Concepts of Teaching*	3	<input type="checkbox"/> Prereq. minimum 2.75 GPA and admission to program. <input type="checkbox"/> Minimum grade of B-
HPE 325 Assessment in Health and Physical Education (F)*	3	<input type="checkbox"/> Prereqs. HPE 300 or concurrent enrollment in HPE 300; Minimum grade of B-
Math Gen Ed. or another Gen Ed Distribution course	4	<input type="checkbox"/> Math Gen Ed. completed
BIOL 108 Basic Principles of Biology (Gen Ed Natural Science)	4	<input type="checkbox"/> Prereq. Math competency; minimum grade of C
Requirements and GPA		<input type="checkbox"/> Apply for School of Education (FSEHD) admission at the end of this semester (or next semester if preferred) <input type="checkbox"/> Need minimum of 52 earned credits, <input type="checkbox"/> Minimum 2.75 GPA
# CREDITS EARNED	17	<input type="checkbox"/> Make appointment with advisor to discuss your schedule for next semester in Sept.



SEMESTER 4	CR	SEMESTER 4 CHECKPOINTS ✓
HPE 431 Drug Education*	3	Prereqs. HPE 233 and 60 credit hours; Minimum grade B-
CEP 315 Educational Psychology*	4	<input type="checkbox"/> Prereq. admission to teacher preparation program
BIOL 231 Human Anatomy*	4	Prereq. minimum of C in BIOL 108; Minimum grade of C
SPED 433 Adaptation of Instruction for Inclusive Education*	3	Prereqs. HPE 300 and admission to teacher prep. Program; Minimum grade B-
Requirements and GPA		<input type="checkbox"/> Need minimum of 66 earned credits <input type="checkbox"/> Minimum 2.75 GPA
# CREDITS EARNED	14	<input type="checkbox"/> Make appointment with advisor to discuss your schedule for next semester in Feb.

SEMESTER 5	CR	SEMESTER 5 CHECKPOINTS ✓
BIOL 335 Human Physiology* (Gen Ed-Advanced Quantitative/Scientific Reasoning)	4	<input type="checkbox"/> Prereqs. BIOL 108 and 231 <input type="checkbox"/> Minimum grade of C
HPE 410 Stress Management*	3	<input type="checkbox"/> Prereqs. 45 credits
HPE 417 Practicum in Elementary Health Education (F)*	3	<input type="checkbox"/> Prereq. HPE 300; Minimum grade of B-
Gen Ed Distribution course from one of these GE categories: Arts (A); History (H); Literature (L)	4	
Requirements and GPA		<input type="checkbox"/> Take PLT and HE Content Test <input type="checkbox"/> Aim for minimum of 80 earned credits <input type="checkbox"/> Minimum 2.75 GPA
# CREDITS EARNED	14	<input type="checkbox"/> Make appointment with advisor to discuss your schedule for next semester in Sept.

SEMESTER 6	CR	SEMESTER 6 CHECKPOINTS ✓
HPE 404 School Health and Physical Education Leadership (Sp)*	3	<input type="checkbox"/> Prereqs. HPE 418, minimum GPA of 2.75 and admission into Health Ed. teacher preparation program; Minimum grade B-
HPE 418 Practicum in Secondary Health Education (Sp)*	4	<input type="checkbox"/> Prereqs. HPE 417, and a minimum GPA of 2.75 <input type="checkbox"/> Minimum grade of B-
Gen Ed--Second Lang 101 (based on placement, a course higher than 101/102 may be taken). If language requirement satisfied: another Gen Ed Distribution course.	4	<input type="checkbox"/> Language placement test with Dept. of Modern Languages (optional)
Free Elective	1	<input type="checkbox"/>
Requirements and GPA		<input type="checkbox"/> Aim for minimum of 92 earned credits <input type="checkbox"/> Minimum 2.75 GPA <input type="checkbox"/> Apply for degree audit online through MyRI
# CREDITS EARNED	12	<input type="checkbox"/> Make appointment with advisor to discuss your schedule for next semester in Feb.



SEMESTER 7	CR	SEMESTER 7 CHECKPOINTS ✓
Choose Connections course (Gen Ed-C)*	4	<input type="checkbox"/> Prereqs are 45 completed credits and FYW and FYS.
Gen Ed Distribution course from one of these GE categories: Arts (A); History (H); Literature (L)	4	
Gen Ed--Second Lang 102* (if needed) or any still needed Gen Ed, or elective	4	Prereq. Second Lang 101; Complete Second Lang 102, grade C or better
Free Elective	1	
Requirements and GPA		<input type="checkbox"/> All ten GE courses and second lang. req. completed <input type="checkbox"/> Submit Preparing to Teach Portfolio <input type="checkbox"/> Aim for minimum of 105 earned credits <input type="checkbox"/> Minimum 2.75 GPA
# CREDITS EARNED	13	<input type="checkbox"/> Make appointment with advisor to discuss your schedule for next semester in Sept.

SEMESTER 8	CR	SEMESTER 8 CHECKPOINTS ✓
HPE 422 Student Teaching Seminar in Health Education*	2	<input type="checkbox"/> Prereq. concurrent enrollment in HPE 424 <input type="checkbox"/> Minimum grade of B-
HPE 424 Student Teaching in Health Education*	10	<input type="checkbox"/> Prereqs. concurrent enrollment in HPE 422; approved Preparing to Teach Portfolio, passing score on Praxis, and completion of all other FSHEd admission and retention requirements <input type="checkbox"/> Graded S/U
		<input type="checkbox"/> Need minimum of 120 earned credits <input type="checkbox"/> Minimum 2.75 GPA <input type="checkbox"/> Minimum GPA of 2.0 in major
# CREDITS EARNED	12	Attend Gradfest and Commencement

For more information, check the Health and Physical Education Department website:

<http://www.ric.edu/healthPhysicalEducation/Pages/default.aspx>

NOTE: The total credit count for Health Education major is 77 credits (depending on which courses you choose), although 12 of those may be offset against Gen Ed. courses (AQSR, NS, SB), which leaves 28 more credits of Gen Ed. and possibly 8 more depending on secondary language needs. The minimum credit count will be 105 credits (without secondary language), which would leave 15 elective credits.