

GENERAL EDUCATION: A complete listing of General Education courses can be found at the Office of Academic Support (OASIS) **401** 456-8083 or online at http://www.ric.edu/recordsoffice/Pages/College-Catalog.aspx look at catalog for year you enrolled. For Gen Ed courses, aside from Second Language requirement, which varies depending on where you are placed, you need ONE course from each category. Second Language 101/102 options are: American Sign, Arabic, French, German, Italian, Japanese, Korean, Latin, Portuguese, or Spanish. For other ways to satisfy the second language requirement look under the Gen Ed. section of the catalog. Any courses marked (F) offered Fall only; (Sp) Spring only. All courses marked with an asterisk * have a prerequisite. Courses with (WID) are Writing in the Discipline courses and will be writing intensive. For information about Math Placement exam visit: http://www.ric.edu/orientation/Pages/Math-Placement.aspx

Cognates and Program Courses checklist	Course	Professional sequence	Course
BIOL 108 Basic Principles of Biology*		CEP 215 Introduction to Educational Psychology	
BIOL 231 Human Anatomy*		FNED 101 Introduction to Teaching and Learning	
BIOL 335 Human Physiology*		FNED 246 Schooling for Social Justice*	
HPE 200 Promoting Health and Well-Being in		HPE 300 Health Education and Health Promotion	
Schools* (WID)		Pedagogy*	
HPE 210 Nutrition Education and Promotion* (Sp)		HPE 417 Practicum in Elementary Health Education (F)*	
HPE 326 Assessment in Health Education* (Sp)		HPE 418 Practicum in Secondary Health Education (Sp)* (WID)	
HPE 340 Sexual Health Education and		HPE 422 Student Teaching Seminar in Health	
Promotion* (F)		Education* (WID)	
HPE 410 Managing Stress and Mental/Emotional		HPE 424 Student Teaching in Health Education*	
Health*		(WID)	
HPE 431 Drug Education* (F)		HPE 434 Health Education Student Teaching	
		Capstone*	
		SPED 333 Introduction to Special Education:	
		Policies/Practices	
		SPED 433 Adaptation of Instruction for Inclusive	
		Education*	
		TESL 401 Introduction to Teaching Emergent	
		Bilinguals*	

This map is a semester-by-semester plan to help you toward graduation in four years. Not everyone graduates in four years as it depends on how many courses you can take, and how you do in those courses. This map is not your only route; it is a suggestion. You might take additional courses over the summer (or early spring/winter) to catch up or get ahead if the courses you need are offered at these times. While many courses in your major will have prerequisites that will need you to take them in a special order, there is some flexibility in this map, but always double check you have the correct prerequisites for a course you plan to take.

The column to the left on the other side of this page suggests the ideal courses for you to take each semester. There are times when those courses may be full or unavailable the semester you plan to take them, in which case consider another course from a different semester with which you can switch. The column on the right has "Checkpoints" for each semester that show where you should be by the end of that semester. You should work from this map as you plan each semester's schedule, before checking in with your advisor. The Map is designed primarily for freshmen coming to college for the first time, but transfer students may also use the Rhode Map with the understanding that they have most likely completed several requirements through transfer of credit, and will be starting further into the program. Maps assume a Fall start.

GRADUATION REQUIREMENTS: The following requirements must be completed by undergraduate degree candidates at Rhode Island College in order to graduate:

- General Education program, including a second language requirement and RIC 100 or its equivalent
- College Math Competency (which is separate from the Gen Ed math requirement)
- College Writing Competency (satisfied by FYW with a minimum grade of C) Admission to FSEHD requires a minimum of B.
- Academic Major—see check chart above.
- A minimum of 120 credit hours, with a minimum of 45 credit hours taken at RIC. Of the 45 credit hours, a minimum of 15 credit hours must be in the major (12 of which must be at the 300- or 400-level).
- A minimum overall grade point average of 2.75

Approved by Program Director: Susan Clark Date 6/1/2020
Approved by Undergraduate Curriculum Committee: Date 6/1/2020

Revised:



SEMESTER 1	CR	SEMESTER 1 CHECKPOINTS ✓
First Year Writing (FYW 100)	4	☐ FYW 100P is a 6 credit option. To decide which FYW
		to take, check the Directed Self-Placement test at
		www.ric.edu/firstyearwriting; minimum grade of B
RIC 100 Introduction to Rhode Island College	1	☐ Exempt if taking COLL 101, COLL 150, or HONR 150
FNED 101 Introduction to Teaching and Learning	2	☐ Must gain satisfactory (satisfactory/unsatisfactory course)
Math Gen Ed. or another Gen Ed Distribution course	4	☐ Math Gen Ed. completed
HPE 200 Promoting Health and Well-Being in Schools (WID)	3	☐ Minimum grade of B-
		☐ Aim for 14 earned credits (While 12 is fulltime, 17 credits
		are preferred to stay on track to graduate in 4 years)
		☐ Minimum 2.75 GPA
Requirements and GPA		☐ Math competency completed
# CREDITS EARNED	14	☐ Make appointment with advisor to discuss your
		schedule for next semester in Sept.

SEMESTER 2	CR	SEMESTER 2 CHECKPOINTS ✓
FYS 100 First Year Seminar	4	
FNED 246 Schooling for Social Justice*	4	☐ Prereq. 12 credits, FYW with minimum grade of B and FNED
		101; need B- minimum in course
HPE 210 Nutrition Education and Promotion	3	☐ Prereq. HPE 200 or consent of dept. chair
		☐ Minimum grade of B-
BIOL 108 Basic Principles of Biology (Gen Ed Natural Science)	4	☐ Prereq. Math competency; minimum grade of C
		☐ Apply for School of Education (FSEHD) admission at the end of
Requirements and GPA		this semester
		☐ Need a minimum of 29 earned credits
		☐ Minimum 2.75 GPA
# CREDITS EARNED	15	☐ Make appointment with advisor to discuss your
		schedule for next semester in Feb.

SEMESTER 3	CR	SEMESTER 3 CHECKPOINTS ✓
Gen EdSecond Lang 101 (based on placement, a course	4	☐ Language placement test with Dept. of Modern
higher than 101/102 may be taken). If language		Languages (optional)
requirement satisfied: another Gen Ed Distribution		
course.		
HPE 300 Health Education and Health	3	☐ Prereq. minimum 2.75 GPA and admission to program.
Promotion Pedagogy*		☐ Minimum grade of B-
HPE 340 Sexual Education and Promotion (F)*	3	☐ Prereq. 24 completed credits; Minimum grade of B-
BIOL 231 Human Anatomy*	4	☐ Prereq. minimum of C in BIOL 108; Minimum grade of
		С
		☐ Apply for School of Education (FSEHD) admission at the end of
Requirements and GPA		this semester (or next semester if preferred)
		☐ Need minimum of 43 earned credits,
		☐ Minimum 2.75 GPA
# CREDITS EARNED	14	☐ Make appointment with advisor to discuss your
		schedule for next semester in Sept.



SEMESTER 4	CR	SE	MESTER 4 CHECKPOINTS ✓
Gen EdSecond Lang 102* (if needed) or any	4		Prereq. Second Lang 101; Complete Second Lang 102 (if
still needed Gen Ed, or elective			needed)
Gen Ed Distribution course from one of these GE	4		
categories: Arts (A); History (H); Literature (L)			
HPE 326 Assessment in Health Education* (Sp)	2		Prereqs. HPE 300; Minimum grade B-
CEP 215 Introduction to Educational Psychology	4		Satisfies Gen Ed SB; Minimum grade of B-
BIOL 335 Human Physiology* (Gen Ed- Advanced	4		Prereqs. BIOL 108 and 231
Quantitative/Scientific Reasoning)			Minimum grade of C
			Need minimum of 60 earned credits
Requirements and GPA	40		Minimum 2.75 GPA
# CREDITS EARNED	18		Make appointment with advisor to discuss your
			schedule for next semester in Feb.
SEMESTER 5	CR	SE	MESTER 5 CHECKPOINTS ✓
Gen Ed Distribution course from one of these GE	4		
categories: Arts (A); History (H); Literature (L)			
HPE 410 Managing Stress and Mental/Emotional Health*	3		Prereqs. 45 credits; Minimum grade of B-
HPE 417 Practicum in Elementary Health	3		Prereq. HPE 300; Minimum grade of B-
Education (F)*			
SPED 333 Introduction to Special Education:	3		Prereq. is HPE 300; Minimum grade of B-
Policies/Practices			
Elective	3-4		
			Take PLT and HE Content Test
			Aim for minimum of 75 earned credits
Requirements and GPA			Minimum 2.75 GPA
# CREDITS EARNED	16-17		Make appointment with advisor to discuss your
			schedule for next semester in Sept.
SEMESTER 6	CR	SE	MESTER 6 CHECKPOINTS ✓
Gen Ed Distribution course from one of these GE	4		Need One from each distribution
categories: Arts (A); History (H); Literature (L)			
HPE 418 Practicum in Secondary Health	3		Prereqs. HPE 417, and a minimum GPA of 2.75
Education (Sp)* (WID)			Minimum grade of B-
SPED 433 Adaptation of Instruction for Inclusive	3		Admission to and retention in a teacher preparation
Education*			program; concurrent enrollment in a health
			methods/practicum course, and SPED 333 or consent of
			methods/practicum course, and SPED 333 or consent of department chair
Elective	3-4	1	department chair
Elective	3-4	0.0	Take HE content test
Elective	3-4		Take HE content test Aim for minimum of 90 earned credits
Elective	3-4		Take HE content test Aim for minimum of 90 earned credits Minimum 2.75 GPA
	3-4		Take HE content test Aim for minimum of 90 earned credits Minimum 2.75 GPA Gather Student Teaching information from OPP
Requirements and GPA			Take HE content test Aim for minimum of 90 earned credits Minimum 2.75 GPA Gather Student Teaching information from OPP Apply for degree audit online through MyRIC
	3-4		Take HE content test Aim for minimum of 90 earned credits Minimum 2.75 GPA Gather Student Teaching information from OPP



SEMESTER 7	CR	SEMESTER 7 CHECKPOINTS ✓
Choose Connections course (Gen Ed-C)*	4	☐ Prereqs are 45 completed credits and FYW and FYS.
HPE 431 Drug Education* (F)	4	☐ Prereqs. HPE 233 and 60 credit hours; Minimum grade
		B-
TESL 401 Introduction to Teaching Emergent	4	☐ Prereq. FNED 246; minimum grade of B-
Bilinguals*		
Elective	3-4	
		☐ All ten GE courses and second lang. req. completed
		☐ Submit Preparing to Teach Portfolio
		☐ Aim for minimum of 105 earned credits
Requirements and GPA		☐ Minimum 2.75 GPA
# CREDITS EARNED	15-16	☐ Make appointment with advisor to discuss your
		schedule for next semester in Sept.

SEMESTER 8	CR	SEMESTER 8 CHECKPOINTS ✓
HPE 422 Student Teaching Seminar in	2	☐ Prereq. concurrent enrollment in HPE 424
Health Education* (WID)		☐ Minimum grade of B-
HPE 424 Student Teaching in Health	9	☐ Prereqs. concurrent enrollment in HPE 422; approved
Education* (WID)		Preparing to Teach Portfolio, passing score on Praxis, and
		completion of all other FSHED admission and retention
		requirements
		☐ Graded S/U
HPE 434 Health Education Student Teaching	1	☐ Early Spring
Capstone*		☐ Prereq. is portfolio approval
		☐ Need minimum of 120 earned credits
		☐ Minimum 2.75 GPA
		☐ Minimum GPA of 2.0 in major
# CREDITS EARNED	12	Attend Gradfest and Commencement

For more information, check the Health and Physical Education Department website:

http://www.ric.edu/healthPhysicalEducation/Pages/default.aspx

NOTE: The total credit count for Health Education major is 70 credits although 12 of those may be offset against Gen Ed. courses (AQSR, NS, SB), which leaves 28 more credits of Gen Ed. and possibly 9 more depending on secondary language needs and RIC 100. The minimum credit count will be 98 credits (without secondary language or RIC 100), which would leave 21 elective credits.