

Planning To Spend a Semester Abroad?



Start planning early by calling **RIC Health Services**
to schedule an appointment: (401) 456-8055

- Are routine immunizations up-to-date?
- What travel-specific vaccines are recommended?
- What to do about traveler's diarrhea
- Do you need malaria prophylaxis?

These are just a few of the issues that need to be considered prior to travelling outside the U.S. Allow at least 6 – 8 weeks before departure to insure adequate time for vaccine effectiveness. Bring a copy of your most recent immunization record to your appointment if you have not provided one to Health Services in the past.

Visit www.cdc.gov/travel/ for comprehensive up-to-date information based on destination including travel advisories and regional precautions.

