

Name: _____

Date: _____ School: _____

TRANSITION SCALE

Instructions: Circle the best answer that applies to you for the statements below. Do not leave any items blank, answer every question.

1. I feel that I have a right to approve all services I receive.	Not True At All	Mostly Not True	Somewhat True	Mostly True	Very True
2. When problems arise related to my disability, I handle them pretty well.	Not True At All	Mostly Not True	Somewhat True	Mostly True	Very True
3. I feel I can have a part in helping other students who need extra help.	Not True At All	Mostly Not True	Somewhat True	Mostly True	Very True
4. I know what to do when I feel I'm not getting the kind of help I need from my school or different agencies that are supposed to help me.	Not True At All	Mostly Not True	Somewhat True	Mostly True	Very True
5. I make sure that my teachers understand what <i>I think</i> about the help that people give me.	Not True At All	Mostly Not True	Somewhat True	Mostly True	Very True
6. I know what to do when I have problems because of my disability.	Not True At All	Mostly Not True	Somewhat True	Mostly True	Very True
7. I feel my life is under control.	Not True At All	Mostly Not True	Somewhat True	Mostly True	Very True

8. I understand how services for students who need extra help are organized.	Not True At All	Mostly Not True	Somewhat True	Mostly True	Very True
9. I am able to make good decisions about what services I need.	Not True At All	Mostly Not True	Somewhat True	Mostly True	Very True
10. I am able to work with agencies, and my teachers (job coach, speech therapist, or others) to decide what services I need.	Not True At All	Mostly Not True	Somewhat True	Mostly True	Very True
11. I make sure I stay in regular contact with teachers (job coach, speech therapist, or others) who are giving me extra help.	Not True At All	Mostly Not True	Somewhat True	Mostly True	Very True
12. I have ideas about how services should be set up for students who need extra help.	Not True At All	Mostly Not True	Somewhat True	Mostly True	Very True
13. I help other students who need extra help.	Not True At All	Mostly Not True	Somewhat True	Mostly True	Very True
14. I am able to get information to help me better understand my disability.	Not True At All	Mostly Not True	Somewhat True	Mostly True	Very True
15. I believe that I can make a difference in the lives of other students who have disabilities.	Not True At All	Mostly Not True	Somewhat True	Mostly True	Very True
16. My opinion is just as important as the opinion of my teachers in deciding what kind of help I need.	Not True At All	Mostly Not True	Somewhat True	Mostly True	Very True

17. I tell school staff and other adults what I think about the services and help they give me.	Not True At All	Mostly Not True	Somewhat True	Mostly True	Very True
18. I tell people in agencies and schools how services for students can be made better.	Not True At All	Mostly Not True	Somewhat True	Mostly True	Very True
19. I believe I can solve problems related to my disability when problems come up.	Not True At All	Mostly Not True	Somewhat True	Mostly True	Very True
20. I know how to get school staff and other adults to listen to me.	Not True At All	Mostly Not True	Somewhat True	Mostly True	Very True
21. I know what the rights of students with disabilities are under the laws.	Not True At All	Mostly Not True	Somewhat True	Mostly True	Very True
22. I feel that my knowledge and experience can be used to help other students who need extra help.	Not True At All	Mostly Not True	Somewhat True	Mostly True	Very True
23. When I need help with problems, I am able to ask for help from others.	Not True At All	Mostly Not True	Somewhat True	Mostly True	Very True
24. I know what services I need.	Not True At All	Mostly Not True	Somewhat True	Mostly True	Very True
25. When necessary, I take the lead in looking for services to help me.	Not True At All	Mostly Not True	Somewhat True	Mostly True	Very True

26. I focus on the good things as well as the problems.	Not True At All	Mostly Not True	Somewhat True	Mostly True	Very True
27. I have a good understanding of the services I get.	Not True At All	Mostly Not True	Somewhat True	Mostly True	Very True
28. When faced with a problem, I decide what to do and then do it.	Not True At All	Mostly Not True	Somewhat True	Mostly True	Very True
29. School staff and other adults who try to help me ask me what services I want.	Not True At All	Mostly Not True	Somewhat True	Mostly True	Very True
30. I have a good understanding of my disability.	Not True At All	Mostly Not True	Somewhat True	Mostly True	Very True
31. I feel I am a good person.	Not True At All	Mostly Not True	Somewhat True	Mostly True	Very True