



## Life after High School: A Guide for Students with Visual Impairments

### What You Can Do in Middle School to Prepare for Employment

- Start thinking about careers you are interested in exploring, and about your own skills and abilities. You might want to explore [Career Advantage for V.I.P.s](#) (<http://www.blind.msstate.edu/our-products/online-employment-preparation/>). Discover your career interests or find out what you need to do to prepare while in high school at [WaytoGoRI.org](http://WaytoGoRI.org).
- Discuss your interests and capabilities with your parents, other trusted adults, the teacher of the visually impaired (TVI) that you work with, other teachers and your guidance counselor. Brainstorm about volunteer opportunities with organizations or businesses that interest you.
- Attend career fairs, and talk with people in your community about their careers. Another good place to start researching careers is the [My Next Move](#) (<http://www.mynextmove.org/>) website.
- If you have not already investigated and familiarized yourself with the assistive technology and range of accommodations you may need, at home and work, now is the time to start. Your TVI or SBVI Counselor can be a great resource.
- Take advantage of mobility instruction if available to you. Start working on your mobility skills at home and in the community.