

# Understanding Trauma to Support Your Family Member During COVID-19: Positive Behavior Strategies for Caregivers

*A free webinar for caregivers of adults with IDD living with family. Register today!*



*This presentation is designed for family caregivers to better understand trauma responses they and their loved ones may be experiencing during this time of COVID-19.*

Presented by: **Christine Hathaway, M.Ed., BCBA, LBA**

This webinar will provide proactive strategies that may help maintain well-being for family caregivers and others in their home as we all settle into fall and winter routines that provide for safety while adding meaning to our lives.

#### OUTLINE:

1. Basics of trauma
2. What trauma responses look like
3. Prevention: setting up environments that are trauma sensitive
4. Strategies to minimize the impact COVID related trauma on you and your loved ones

**October 24, 2020  
10:00-11:00 am**

**ZOOM WEBINAR**

Advance registration is required using link below.

**<http://bit.ly/2Yh25hS>**

After registering, you will receive a confirmation email containing information about joining the webinar.

**Accommodation Requests and Registration Assistance:** Contact Elaine Sollecito at [esollecito@ric.edu](mailto:esollecito@ric.edu) 401-456-2764

**TTY or Spanish via RI Relay:** 711

**Workshop Questions:** Claire Rosenbaum, [crosenbaum@ric.edu](mailto:crosenbaum@ric.edu)

Webinar details are available at [www.sherlockcenter.org](http://www.sherlockcenter.org)



The Paul V. Sherlock Center on Disabilities, RI College, is offering this webinar with the assistance of a Community Enhancement grant from the RI Executive Office of Health and Human Services.