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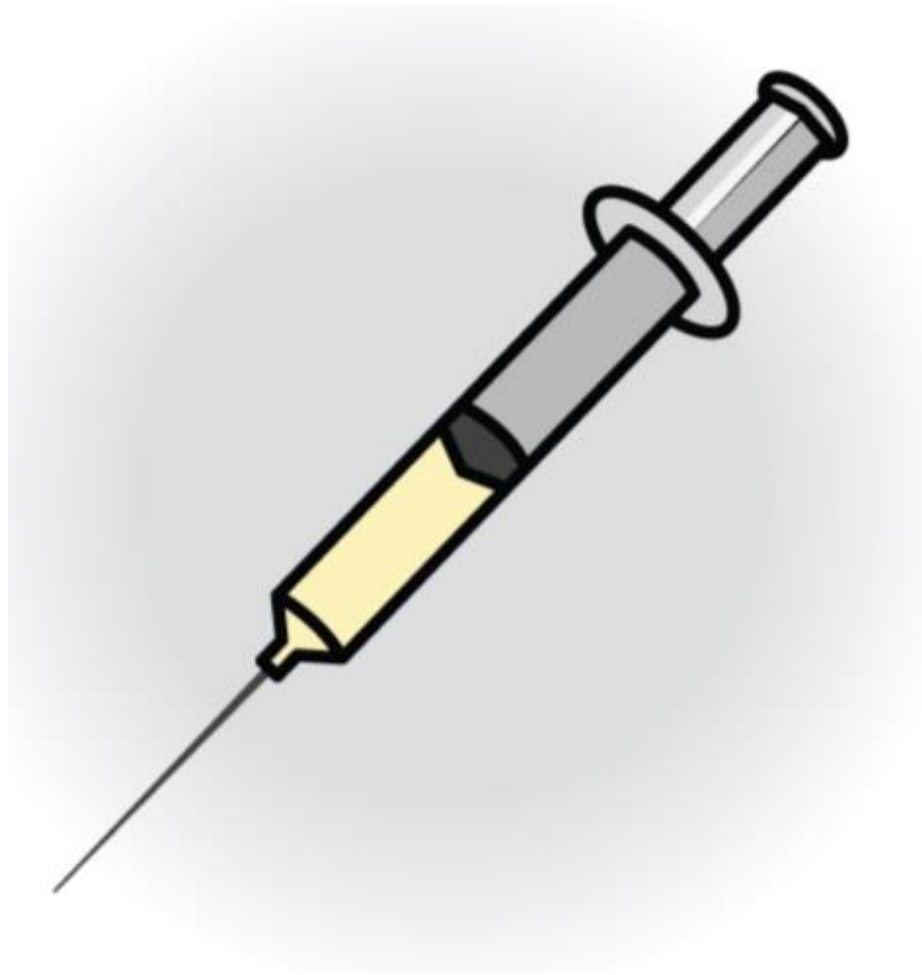
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Flu Shot



Written by Kathy Staugler
illustrated by Kathryn Schwab



The doctor says, " Get your flu shot every year! "



Doctors want us to be safe .



A flu shot can keep us safe and healthy.



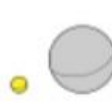
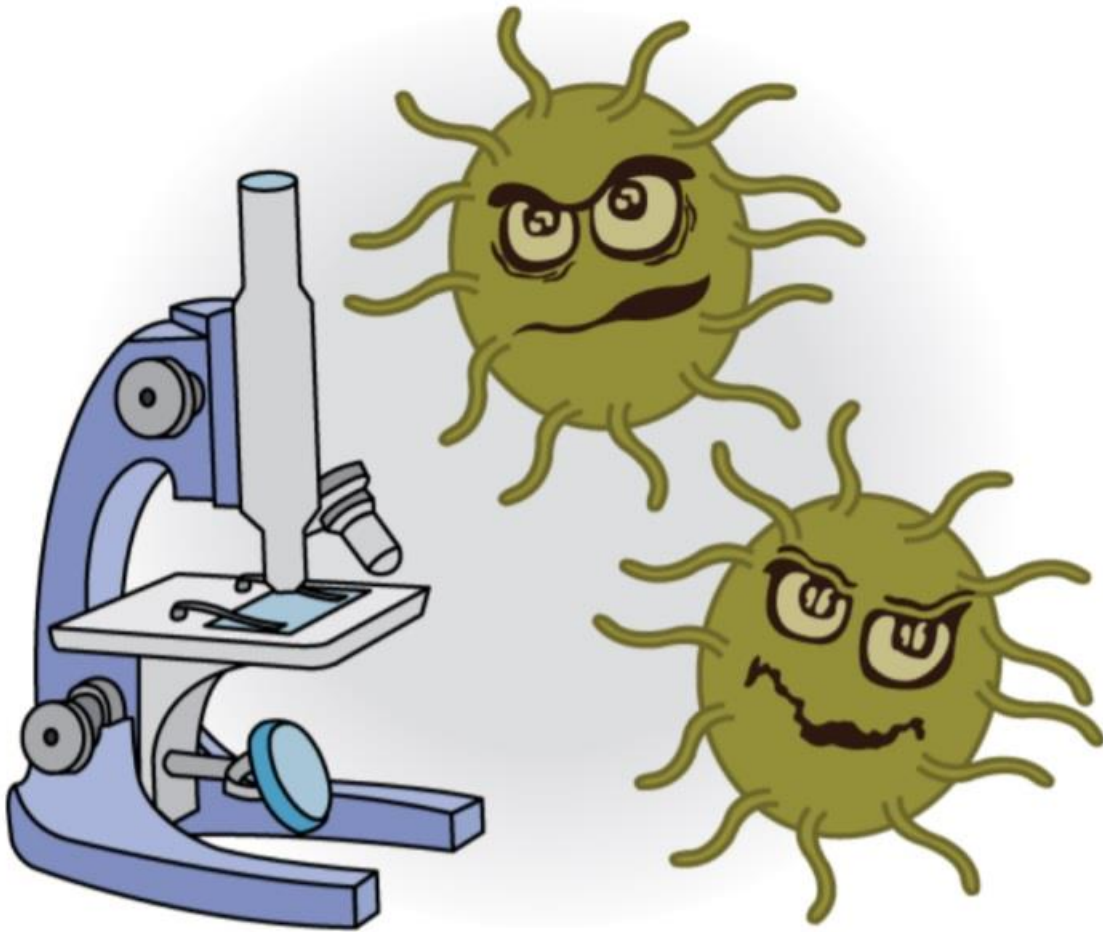
The flu is dangerous, and all around the world.



Most flu comes in the winter.



People can die from the flu .



The flu is a tiny germ or virus.



The flu is a dangerous kind of virus.





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 The flu goes from one person to another.







 Sick people pass the flu when they cough.







 Millions of people get sick every year.



How do you know when you have the flu ?



Some symptoms can be a fever or headache;



a sore throat or are extra tired.



How do we stop the flu ?



Wash your hands!



Soap and water will stop the flu virus.



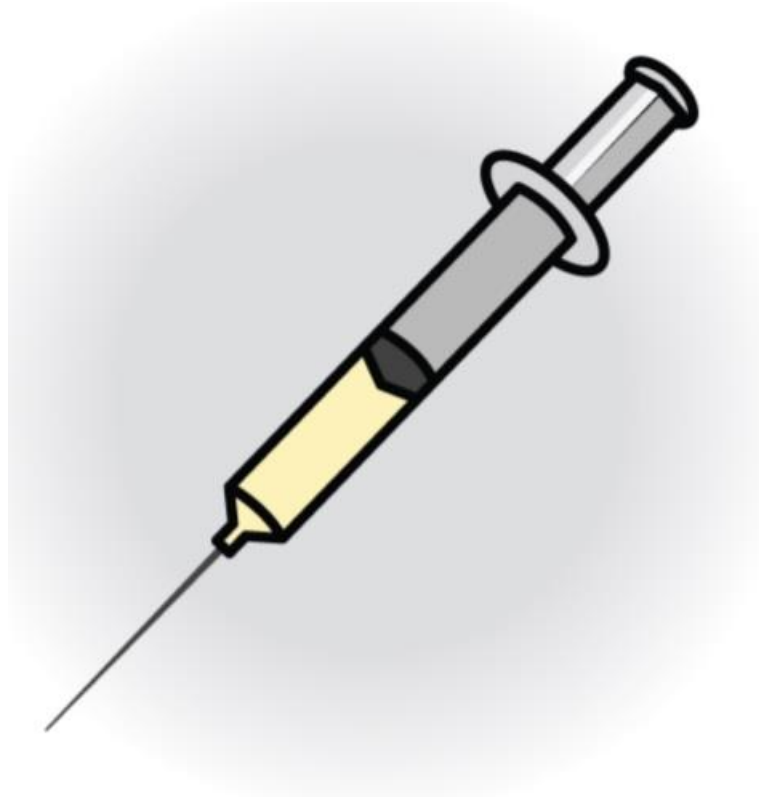
A flu shot helps most. Flu shots protect



us from most kinds of flu .



You can get flu shots at the doctors office.



Does everyone need a flu shot?



Some people need them more than others.



You should listen to your doctor to be healthy this



winter.



The End