**Book Title:** *The Berenstain Bears and the Bad Habit*

**Author:** Stan and Jan Berenstain  
**Grade Level:** Pk-2  
**Brief Plot Synopsis:** Sister bear goes to first grade and realizes how hard it is. All the stress causes her to develop a bad habit—nail biting. Her and her family work to stop her bad habit.

<table>
<thead>
<tr>
<th>Object to Be Used</th>
<th>What part/page of the story does it apply to?</th>
<th>What are possible learning objectives?</th>
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</thead>
</table>
| Pencil and paper      | When Sister Bear has a lot of work to do in school. | **Motor:** Student can reach for/feel the paper and pencil.  
**Academic:** Student can use pencil and paper to write vocabulary words. Student can sequence objects based on the order in the story. |
| Fingers               | To represent Sister Bear when she starts biting her nails. | **Motor:** Have student point to or find their fingers. Then have them point to their fingernails and feel them. |
| Toothbrush            | To represent good habits                      | **Motor:** Student can reach for/feel the toothbrush.  
**Student can practice brushing teeth (with own toothbrush) to encourage good habits.**  
**Academic:** Student can make a list of good habits to have. |
| Project Core “Not” symbol | To represent bad habits                     | **Motor:** Student can reach for/feel the “not” symbol  
**Academic:** Students can make a list of bad habits to have. |
| Dime                  | When Papa bear says Sister bear can have a dime for every day she doesn’t bite her nails. | **Motor:** Student can reach for/feel the dime.  
**Academic:** Student can practice using money, identifying coins, and counting money.  
**Auditory:** Student can listen to the sound dimes make when dropped. |
| Penny                 | When Grandma bear suggests using pennies for an incentive instead of dimes. | **Motor:** Student can reach for/feel the dime.  
**Academic:** Student can practice using money, identifying coins, and counting money.  
**Auditory:** Student can listen to the sound the coin makes when dropped. |