# http://www.ric.edu/webcommunications/images/SealWithText_Small_Black.pngUNDERGRADUATE CURRICULUM COMMITTEE (UCC) PROPOSAL FORM

## Cover page scroll over blue text to see further important [instructions](#instructions): please read.

**N.B. DO NOT USE HIGHLIGHT, please DELETE THE WORDS THAT DO NOT APPLY TO YOUR PROPOSAL**

**ALL numbers in section (A) need to be completed, including the impact ones.**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| A.1. [Course or program](#Proposal) | **Danc 343 anatomy and kinesiology for the dancer** | | | |  |
| [Replacing](#Ifapplicable) |  | | | |
| A.2. [Proposal type](#type) | **Course: creation** | | | |
| A.3. [Originator](#Originator) | **Angelica Cardente-Vessella** | [Home department](#home_dept) | Music, Theatre, and Dance | | |
| A.4. [Context and Rationale](#Rationale) | **DANC 343: ANATOMY AND KINESIOLOGY FOR THE DANCER** will specifically target the needs of the dancer. Emphasis is on basic kinesiology principles and terminology as applied to dance training and technique with a focus on muscular-skeletal anatomy and function.  Includes assessment of core strength, muscular strength, balance, flexibility, and skeletal alignment in the context of a typical dance class.  Familiarizes students with common dance injuries, their causes, and basic methods of care and rehabilitation.  Required for Dance Majors and Minors. Credits: 3 | | | | |
| A.5. [Student impact](#student_impact) | **Dance students will have a course that directly relates to the body as it pertains to dance, dance movement, and a dancer’s unique needs as both performers and educators.** | | | | |
| A.6. [Impact on other programs](#impact) | BIOL 108 will be the prerequisite to DANC 343: Anatomy and Kinesiology for the Dancer. | | | | |
| A.7. [Resource impact](#Resource) | [*Faculty PT & FT*](#faculty): | **Hire a part time/adjunct teacher to instruct the course/possibly team teach with HPE.** | | | |
| [*Library*:](#library) | **None** | | | |
| [*Technology*](#technology) | **None** | | | |
| [*Facilities*](#facilities): | **None** | | | |
| A.8. [Semester effective](#Semester_effective) | **Fall 2020** | A.9. [Rationale if sooner than next Fall](#Semester_effective) | |  | |

B. [NEW OR REVISED COURSES](#delete_if)  **DO NOT use highlight. Delete this whole page if the proposal does not include a new or revised course.**

|  | Old ([for revisions only](#Revisions)) Only include information that is being revised, otherwise leave blank (delete provided examples that do not apply) | New Examples are provided for guidance, delete the ones that do not apply |
| --- | --- | --- |
| B.1. [Course prefix and number](#cours_title) |  | **DANC 343** |
| B.2. Cross listing number if any |  |  |
| B.3. [Course title](#title) |  | **Anatomy and Kinesiology for the Dancer** |
| B.4. [Course description](#description) |  | Students cover aspects of anatomy and kinesiology that apply to correct development of dance technique. Students learn about common dance injuries, their causes, and basic methods of care and rehabilitation. |
| B.5. [Prerequisite(s)](#prereqs) |  | **BIOL 108** |
| B.6. [Offered](#Offered) |  | **As needed.** |
| B.7. [Contact hours](#contacthours) |  | **3** |
| B.8. [Credit hours](#credits) |  | **3** |
| B.9. [Justify differences if any](#differences) |  | |
| B.10. [Grading system](#grading) |  | **Letter grade** |
| B.11. [Instructional methods](#instr_methods) |  | **Lecture | Studio** |
| B.12.[Categories](#required) |  | **Required for major** |
| B.13. Is this an Honors course? |  | **NO** |
| B.14. [General Education](#ge)  N.B. Connections must include at least 50% Standard Classroom instruction. |  |  |
| B.15. [How will student performance be evaluated?](#performance) |  | **Attendance | Class participation | Exams | Presentations**  **Projects |** |
| B.16. [Redundancy statement](#competing) |  | **This course employs the basic principles of both BIO 231: Human Anatomy & HPE 411: Kinesiology, but DANC 343 will require the students to utilize the pedagogical lessons in the additional setting of a dance class. Therefore, dance students will be applying the methods, principles and information they learn to further investigate the correlations to dance movement and the body.** |
| B. 17. Other changes, if any |  | |

| B.18**.** [**Course learning outcomes**](#outcomes)**: List each one in a separate row** | [**Professional Org.Standard(s)**](#standards)**, if relevant** | [**How will each outcome be measured**](#measured)**?** |
| --- | --- | --- |
| **ANATOMY**  Familiarize the student with general concepts of biology as they relate to the functions of the human body. |  | EXAMS |
| Gain an appreciation for their own bodies and how organ systems work together to maintain a stable core environment. |  | EXAMS |
| Understand, identify, and describe the basic anatomical structures associated with cells and tissue, and muscular, skeletal, nervous, cardiovascular, immune, respiratory and urinary systems |  | EXAMS/PRESENTATIONS |
| The student will develop skills in basic body mechanics as it relates to basic dance skills. |  | PRACTICUM PRESENTATION/EXAM |
| Employ basic anatomical, directional and movement terminology. |  | PRACTICUM PRESENTATION/EXAM |
| Understand how the skeletal, articular, cardiorespiratory and muscular systems contribute to movement. |  | PRACTICUM PRESENTATION/EXAM |
| Apply and demonstrate the mechanics of balance, especially to its relation to basic dance movements. |  | GROUP PROJECT/PRESENTATION |
| Identify the musculoskeletal function of the major joints. |  | GROUP PROJECT/PRESENTATION |
| Apply practices of stretching and strengthening. |  | GROUP PROJECT/PRESENTATION |
| Distinguish between mechanisms of acute and chronic injury. |  | EXAM |
| Describe mechanisms for injury prevention |  | EXAM |
| Understand the role of exercise and nutrition in healthy lifestyles for dancers. |  | EXAM |
|  |  |  |

| B.19. [**Topical outline**](#outline)**: Do NOT insert whole syllabus, we just need a two-tier outline** |
| --- |
| Topic 1: Anatomy  General concepts of gross anatomy/human body.  Physiology and functions of body systems.  Basic anatomical structures associated with cells and tissue, and muscular, skeletal, nervous, cardiovascular, immune, respiratory and urinary systems.  Topic 2: Kinesiology  Basic biomechanics and movement terminology  Musculoskeletal function  Major joints  Stretch and strengthening  Topic 3: Injury Prevention  Acute and chronic injury  Injury prevention and treatment  Nutrition |
|  |

## D. Signatures

* Changes that affect General Education in any way MUST be approved by ALL Deans and COGE Chair.
* Changes that directly impact more than one department/program MUST have the signatures of all relevant department chairs, program directors, and relevant dean (e.g. when creating/revising a program using courses from other departments/programs). Check UCC manual 4.2 for further guidelines on whether the signatures need to be approval or acknowledgement.
* Proposals that do not have appropriate approval signatures will not be considered.
* Type in name of person signing and their position/affiliation.
* Send electronic files of this proposal and accompanying catalog copy to [curriculum@ric.edu](mailto:curriculum@ric.edu) and a printed or electronic signature copy of this form to the current Chair of UCC. Check UCC website for due dates.

##### D.1. Approvals: required from programs/departments/deans who originate the proposal. may include multiple departments, e.g., for joint/interdisciplinary prposals.

| Name | Position/affiliation | [Signature](#_Signature" \o "Insert electronic signature, if available, in this column) | Date |
| --- | --- | --- | --- |
| Angelica Cardente-Vessella | Program Director of Dance |  |  |
| Dr. Ian Greitzer | Chair of Music, Theatre, and Dance |  |  |
| Rebeka Merson | Chair of Biology |  |  |
| Earl Simson | Dean of Arts and Sciences |  | Tab to add rows |

##### D.2. [Acknowledgements](#acknowledge): REQUIRED from OTHER PROGRAMS/DEPARTMENTS IMPACTED BY THE PROPOSAL. SIGNATURE DOES NOT INDICATE APPROVAL, ONLY AWARENESS THAT THE PROPOSAL IS BEING SUBMITTED. CONCERNS SHOULD BE BROUGHT TO THE UCC COMMITTEE MEETING FOR DISCUSSION

| Name | Position/affiliation | [Signature](#Signature_2) | Date |
| --- | --- | --- | --- |
| Carol Cummings | Chair of Health and Physical Education |  |  |
| Jeannine Dingus-Eason | Dean FSEHD |  | Tab to add rows |