# http://www.ric.edu/webcommunications/images/SealWithText_Small_Black.pngUNDERGRADUATE CURRICULUM COMMITTEE (UCC)PROPOSAL FORM

## Cover page scroll over blue text to see further important [instructions](#instructions): please read.

**N.B. DO NOT USE HIGHLIGHT, please DELETE THE WORDS THAT DO NOT APPLY TO YOUR PROPOSAL**

**ALL numbers in section (A) need to be completed, including the impact ones.**

|  |  |  |
| --- | --- | --- |
| A.1. [Course or program](#Proposal) | **wellness and Exercise Science** |  |
| [Replacing](#Ifapplicable)  | **Community health and wellness; concentration wellness and movement studies** |
| A.2. [Proposal type](#type) | **Program:** [**revision**](#revision) **and deletion** |
| A.3. [Originator](#Originator) | **Jason Sawyer and Kristen Pepin** | [Home department](#home_dept):  | Health and Physical Education |
| A.4. [Context and Rationale](#Rationale)  | The purpose of the proposal is: 1. to change the Wellness and Movement Studies concentration into a stand-alone Wellness and Exercise Science major; 2. to **delete the Recreation and Leisure Studies concentration.** **Context:** The BS in Community Health & Wellness is a multidisciplinary degree program originating in the Health and Physical Education department.  Under the Community Health and Wellness major there are several concentrations, including Wellness and Movement Studies. 1. **Rationale for independent major:** The request for Wellness and Exercise Science to become a stand-alone major originates from the revisions that are occurring within the Community and Public Health Concentration of the Community Health and Wellness program. The revisions no longer align with the Wellness and Exercise Science program outcomes. The updated degree better aligns to industry terminology.  **It keeps the exact same courses as are currently listed in the catalog, but because it is now stand alone it no longer needs to list core courses and specific courses separately.**
2. **Rationale for name change:** The request for the name change to Wellness and Exercise Science is as follows:
* The new name better describes the current curriculum.
* The new name will align better with current terminology used in the fitness and exercise science industries.
* The new name will increase the employment opportunities for graduates and better align with graduate.
1. **Rational for concentration deletion:** The request to delete the Recreation and Leisure Studies Concentration is due to a lack of student interest and low enrollment. Currently, there are no students enrolled in the Recreation and Leisure Studies Concentration. In addition, the content overlaps with courses in the proposed Wellness and Exercise Science Major.
 |
| A.5. [Student impact](#student_impact) | **There will be an increased chance of securing entry-level positions in the field.**  |
| A.6. [Impact on other programs](#impact)  | **One course from PYSC is used in the deleted program.** |
| A.7. [Resource impact](#Resource) | [*Faculty PT & FT*](#faculty):  | **none** |
| [*Library*:](#library)  | **none** |
| [*Technology*](#technology)*:*  | **none** |
| [*Facilities*](#facilities):  | **none** |
| A.8. [Semester effective](#Semester_effective) | **Fall 2019** | A.9. [Rationale if sooner than next Fall](#Semester_effective) | **N/A** |
| A.10. INSTRUCTIONS FOR CATALOG COPY: This single file copy must include ALL relevant pages from the college catalog, and show how the catalog will be revised. (1) Go to the “Forms and Information” page on the UCC website. Scroll down until you see the Word files for the current catalog. (2) Download ALL catalog sections relevant for this proposal, including course descriptions and/or other affected programs. (3) Place ALL relevant catalog copy into a single file. Put page breaks between sections and delete any catalog pages not relevant for this proposal. (4) Using the track changes function, revise the catalog pages to demonstrate what the information should look like in next year’s catalog. (5) Check the revised catalog pages against the proposal form, especially making sure that program totals are correct if adding/deleting course credits. If new copy, indicate where it should go in the catalog. If making related proposals a single catalog copy that includes all is acceptable. Send as a separate file along with this form. |

C. [Program Proposals](#program_proposals) **complete only what is relevant to your proposal Delete this whole page if the proposal is not revising, creating, deleting or suspending any progam.**

|  | [Old (for revisions only)](#old_program) | New/revised |
| --- | --- | --- |
| C.1. [Enrollments](#enrollments) | **61** | **61+** |
| C.2. [Admission requirements](#admissions) | 1. Completion of 24 credits
2. Minimum GPA 2.75
3. Completion of College Math Competency
4. Minimum Grade of B in First Year Writing 100
5. Minimum of B- in HPE 140 and 205
6. Submission of HPE 205 Faculty Reference Form
 | 1. Completion of 24 credits
2. Minimum GPA 2.75
3. Completion of College Math Competency
4. Minimum Grade of B in First Year Writing 100
5. Minimum of B- in HPE 140 and 205
6. Submission of HPE 205 Faculty Reference Form
 |
| C.3. [Retention requirements](#retention) | **Same** |  |
| C.4. [Course requirements](#course_reqs) for each program option | Core Courses

|  |  |  |  |
| --- | --- | --- | --- |
| BIOL 108 | Basic Principles of Biology | 4 | F, Sp, Su |
| BIOL 231 | Human Anatomy | 4 | F, Sp, Su |
| BIOL 335 | Human Physiology | 4 | F, Sp, Su |
|  |   |  |  |
| ENGL 230 | Writing for Professional Settings | 4 | F, Sp, Su |
|  | -Or- |  |  |
| MKT 201 | Introduction to Marketing | 3 | F, Sp, Su |
|  |   |  |  |
| HPE 102 | Personal Health | 3 | F, Sp, Su |
| HPE 205 | Conditioning for Personal Fitness | 3 | F, Sp |
| HPE 221 | Nutrition | 3 | F, Sp |
| HPE 233 | Social and Global Perspectives on Health | 3 | F, Sp, Su |
| HPE 303 | Community Health | 3 | F, Sp |
| HPE 406 | Program Development in Health Promotion | 3 | Sp or as needed |
| HPE 410 | Stress Management | 3 | F, Sp |
| PSYC 215 | Social Psychology | 4 | F, Sp, Su |

Wellness and Movement Studies

|  |  |  |  |
| --- | --- | --- | --- |
| HPE 140 | Foundations of Wellness and Health Promotion | 3 | F, Sp |
| HPE 201 | Prevention and Care of Athletic Injuries | 3 | Sp |
| HPE 243 | Motor Development and Motor Learning | 3 | F, Sp |
| HPE 278 | Coaching Skills and Tactics | 3 | F, Sp |
| HPE 301 | Principles of Teaching Activity | 3 | F, Sp |
| HPE 309 | Exercise Prescription | 3 | F |
| HPE 411 | Kinesiology | 3 | F |
| HPE 420 | Physiological Aspects of Exercise | 3 | Sp |
| HPE 421 | Practicum in Movement Studies and Assessment | 3 | F |
| HPE 427 | Internship in Movement Studies and Recreation | 10 | F, Sp, Su |
| HPE 430 | Seminar in Movement Studies and Recreation | 2 | F, Sp, Su |

TWO COURSES from

|  |  |  |  |
| --- | --- | --- | --- |
| HPE 151 | Introduction to Recreation in Modern Society | 3 | As needed |
| HPE 244 | Group Exercise Instruction | 3 | Sp |
| HPE 247 | Rhythmic Movement | 3 | Sp |
| HPE 307 | Introduction to Epidemiology | 3 | F, Sp |
| HPE 308 | The Science of Coaching | 3 | Sp |
| HPE 310 | Strength and Conditioning for the Athlete | 3 | F |
| HPE 323 | Teaching in Adventure Education | 3 | F, Sp |
| HPE 404 | School Health and Physical Education Leadership | 3 | Sp |
| HPE 408 | Coaching Applications | 3 | F |
| HPE 451 | Recreation and Aging | 3 | As needed |
| SOC 217 | Aging and Society | 4 | F, Sp, Su |

 | Required courses

|  |  |  |  |
| --- | --- | --- | --- |
| BIOL 108 | Basic Principles of Biology | 4 | F, Sp, Su |
| BIOL 231 | Human Anatomy | 4 | F, Sp, Su |
| BIOL 335 | Human Physiology | 4 | F, Sp, Su |
| ENGL 230 | Writing for Professional Settings | 4 | F, Sp, Su |
|  | -Or- |  |  |
| MKT 201 | Introduction to Marketing | 3 | F, Sp, Su |
|  |   |  |  |
| HPE 102 | Personal Health | 3 | F, Sp, Su |
| HPE 140 | Foundations of Wellness and Health Promotion | 3 | F, Sp |
| HPE 201 | Prevention and Care of Athletic Injuries | 3 | Sp |
| HPE 205 | Conditioning for Personal Fitness | 3 | F, Sp |
| HPE 221 | Nutrition | 3 | F, Sp |
| HPE 233 | Social and Global Perspectives on Health | 3 | F, Sp, Su |
| HPE 243 | Motor Development and Motor Learning | 3 | F, Sp |
| HPE 278 | Coaching Skills and Tactics | 3 | F, Sp |
| HPE 301 | Principles of Teaching Activity | 3 | F, Sp |
| HPE 303 | Community Health | 3 | F, Sp |
| HPE 309 | Exercise Prescription | 3 | F |
| HPE 406 | Program Development in Health Promotion | 3 | Sp or as needed |
| HPE 410 | Stress Management | 3 | F, Sp |
| HPE 411 | Kinesiology | 3 | Su, F |
| HPE 420 | Physiological Aspects of Exercise | 3 | F, Sp |
| HPE 421 | Practicum in Movement Studies and Assessment | 3 | F |
| HPE 427 | Internship in Movement Studies and Recreation | 10 | F, Sp, Su |
| HPE 430 | Seminar in Movement Studies and Recreation | 2 | F, Sp, Su |
| PSYC 110PSYC 215 | Introduction to Psychology-Or-Social Psychology | 44 | F, Sp, SuF, Sp, Su |

TWO COURSES from

|  |  |  |  |
| --- | --- | --- | --- |
| HPE 151 | Introduction to Recreation in Modern Society | 3 | As needed |
| HPE 244 | Group Exercise Instruction | 3 | Sp |
| HPE 247 | Rhythmic Movement | 3 | Sp |
| HPE 307 | Dynamics and Determinants of Disease | 3 | F, Sp |
| HPE 308 | The Science of Coaching | 3 | Sp |
| HPE 310 | Strength and Conditioning for the Athlete | 3 | F |
| HPE 323 | Teaching in Adventure Education | 3 | F, Sp |
| HPE 404 | School Health and Physical Education Leadership | 3 | Sp |
| HPE 408 | Coaching Applications | 3 | F |
| HPE 451 | Recreation and Aging | 3 | As needed |
| SOC 217 | Aging and Society | 4 | F, Sp, Su |

 |
| C.5. [Credit count](#credit_count) for each program option | **85-87** | **85-87** |
| C.6. Other changes if any | **Name change: Wellness and Movement Studies** | **Wellness and Exercise Science** |
| C.7 [Program goals](http://www-prod.ric.edu/curriculum_committee/documents/Program%20goals)Needed for all new programs |  |  |

## D. Signatures

* Changes that affect General Education in any way MUST be approved by ALL Deans and COGE Chair.
* Changes that directly impact more than one department/program MUST have the signatures of all relevant department chairs, program directors, and relevant dean (e.g. when creating/revising a program using courses from other departments/programs). Check UCC manual 4.2 for further guidelines on whether the signatures need to be approval or acknowledgement.
* Proposals that do not have appropriate approval signatures will not be considered.
* Type in name of person signing and their position/affiliation.
* Send electronic files of this proposal and accompanying catalog copy to curriculum@ric.edu and a printed or electronic signature copy of this form to the current Chair of UCC. Check UCC website for due dates.

##### D.1. Approvals: required from programs/departments/deans who originate the proposal. may include multiple departments, e.g., for joint/interdisciplinary prposals.

| Name | Position/affiliation | [Signature](#_Signature" \o "Insert electronic signature, if available, in this column) | Date |
| --- | --- | --- | --- |
| Jason Sawyer | Program Director of Wellness and Exercise Science  |  |  |
| Robin Kirkwood Auld | Chair of Health and Physical Education |  |  |
| Gerri August or Julie Horwitz | Dean of FSEHD |  | Tab to add rows |

##### D.2. [Acknowledgements](#acknowledge): REQUIRED from OTHER PROGRAMS/DEPARTMENTS IMPACTED BY THE PROPOSAL. SIGNATURE DOES NOT INDICATE APPROVAL, ONLY AWARENESS THAT THE PROPOSAL IS BEING SUBMITTED. CONCERNS SHOULD BE BROUGHT TO THE UCC COMMITTEE MEETING FOR DISCUSSION

| Name | Position/affiliation | [Signature](#Signature_2) | Date |
| --- | --- | --- | --- |
| Randi Kim | Chair of Psychology |  |  |
| Earl Simson | Dean FAS |  |  |
|  |  |  | Tab to add rows |