Community and Public Health Promotion

**Department of Health and Physical Education**

**Department Chair:** Carol Cummings

**Community and Public Health Promotion Coordinator:** Elizabeth England-Kennedy

**Community and Public Health Promotion Program Faculty: Associate Professor** Cummings; **Assistant Professors** Clark, England-Kennedy, Mukherjee, Sawyer

Students must consult with their assigned advisor before they will be able to register for courses. Students must present current certification in basic first aid, adult-child-infant CPR and AED in order to enroll in an internship.

**Community and Public Health Promotion B.S.**

**Admission Requirements**

1. Completion of 24 credits.

2. Minimum G.P.A. 2.75.

3. Completion of College Math Competency.

4. Minimum grade of B in FYW 100.

5. Minimum of B- in HPE 102 and HPE 202.

6. Submission of HPE 202 Faculty Reference Form.

**Retention Requirements**

1. A minimum cumulative G.P.A. of 2.75 each semester.

2. A minimum grade of B- in all other required program courses, except for BIOL 108, BIOL 231, BIOL 240, BIOL 335, and PSYC 110 or PSYC 215, which, when needed, require a minimum grade of C.

Note: BIOL 108 fulfills the Natural Science category of General Education.

Note: BIOL 335 fulfills the Advanced Quantitative/Scientific Reasoning category of General Education.

**Course Requirements**

**Core Foundation Courses**

|  |  |  |  |
| --- | --- | --- | --- |
| BIOL 108 | Basic Principles of Biology | 4 | F, Sp, Su |
| BIOL 231 | Human Anatomy | 4 | F, Sp, Su |
| BIOL 240 | Biostatistics | 4 | Sp |
| BIOL 335 | Human Physiology | 4 | F, Sp, Su |
| HPE 101 | Human Sexuality | 3 | F, Sp, Su |
| HPE 102 | Human Health and Disease | 3 | F, Sp, Su |
| HPE 202 | Community/Public Health and Health Promotion | 3 | F, Sp |
| HPE 221 | Nutrition | 3 | F, Sp |
| HPE 233 | Social and Global Perspectives on Health | 3 | F, Sp, Su |
| HPE 303W | Research in Community and Public Health | 3 | F, Sp |
| HPE 307 | Introduction to Epidemiology | 3 | F, Sp |
| HPE 410 | Managing Stress and Mental/Emotional Health | 3 | F, Sp |
|  |  |  |  |
| HPE 431 | Drug Education | 3 | F |
|  | -Or- |  |  |
| PSYC 217 | Drugs and Chemical Dependency | 4 | F, Sp |
|  |  |  |  |
| PSYC 110 | Introduction to Psychology | 4 | F, Sp, Su |
|  | -Or- |  |  |
| PSYC 215 | Social Psychology | 4 | F, Sp, Su |

**Professional Courses**

|  |  |  |  |
| --- | --- | --- | --- |
| HPE 300 | Health Education and Health Promotion Pedagogy | 3 | F, Sp |
| HPE 406 | Program Planning in Health Promotion | 3 | Sp or as needed |
| HPE 419 | Practicum in Community and Public Health | 3 | F |
| HPE 426W | Internship in Community and Public Health | 10 | F, Sp, Su |
| HPE 429 | Seminar in Community and Public Health | 2 | F, Sp, Su |

**Concentrations**

Choose Concentration A, B or C below.

**A. Health and Aging**

|  |  |  |  |
| --- | --- | --- | --- |
| GRTL 314/NURS 314 | Health and Aging | 4 | F, Sp, Su |
| SOC 217 | Sociology of Aging | 4 | F, Sp, Su |
| SOC 320 | Aging and the Law | 3 | Annually |

**ONE COURSE from**

|  |  |  |  |
| --- | --- | --- | --- |
| COMM 336 | Health Communication | 4 | Sp |
| HPE 451 | Recreation and Aging | 3 | As needed |
| NPST 300 | Institute in Nonprofit Studies | 4 | F |
| NURS 312 | Death and Dying | 3 | Sp |
| PSYC 339 | Psychology of Aging | 4 | Annually |
| SOC 314 | The Sociology of Health and Illness | 4 | Annually |

**Subtotal: 82-84**

**B. Public Health Promotion**

|  |  |  |  |
| --- | --- | --- | --- |
| COMM 336 | Health Communication | 4 | Sp |
| HPE 403 | Environmental Health | 3 | Annually |
| HSCI 105 | Medical Terminology | 2 | F, Sp |

**TWO COURSES from**

|  |  |  |  |
| --- | --- | --- | --- |
| ANTH 309 | Medical Anthropology | 4 | Alternate years |
| ANTH 347 | Environmental Justice | 4 | Alternate years |
| GEND 416/HPE 416 | Women’s Health | 4 | Annually |
| HCA 303W | Health Policy and Contemporary Issues | 3 | F, Sp |
| HPE 431 | Drug Education | 3 | F |
| NPST 300 | Institute in Nonprofit Studies | 4 | F |
| PSYC 217 | Drugs and Chemical Dependency | 4 | F, Sp |
| PSYC 230 | Human Development | 4 | F, Sp, Su |
| PSYC 424 | Health Psychology | 4 | Annually |
| SWRK 200 | Introduction to Social Work | 4 | F, Sp, Su |
| SOC 314 | The Sociology of Health and Illness | 4 | Annually |
| YDEV 300 | Introduction to Youth Development | 4 | F, Sp |

**Subtotal: 83-86**

**C. Women’s Health**

|  |  |  |  |
| --- | --- | --- | --- |
| GEND 200W | Gender and Society | 4 | F, Sp |
| GEND 201W | Introduction to Feminist Inquiry | 4 | F |
| HPE 416/GEND 416 | Women’s Health | 4 | Annually |

**ONE COURSE from**

|  |  |  |  |
| --- | --- | --- | --- |
| COMM 332 | Gender and Communication | 4 | F |
| COMM 336 | Health Communication | 4 | Sp |
| GEND 355 | Women and Madness | 4 | Alternate years |
| GEND 356 | Class Matters | 4 | F |
| GEND 357 | Gender and Sexuality | 4 | F |
| GEND 358 | Gender-Based Violence | 4 | Alternate years |
| NPST 300 | Institute in Nonprofit Studies | 4 | F |
| PSYC 356 | Psychology of Gender | 4 | F, Sp |
| SOC 342 | Women, Crime, and Justice | 4 | F, Sp |

**Subtotal: 84-85**

**Community and Public Health Minor**

The minor in Community and Public Health Studies consists of 18-20 credit hours (6 courses), as follows:

**Course Requirements**

**Foundation**

|  |  |  |  |
| --- | --- | --- | --- |
| HPE 102 | Human Health and Disease | 3 | F, Sp, Su |
| HPE 202 | Community/Public Health and Health Promotion | 3 | F, Sp |
| HPE 307 | Introduction to Epidemiology | 3 | F, Sp |

**Professional Courses**

**ONE COURSE from**

|  |  |  |  |
| --- | --- | --- | --- |
| HPE 233 | Social and Global Perspectives on Health | 3 | F, Sp, Su |
| HPE 300 | Health Education and Health Promotion Pedagogy | 3 | F, Sp |
| HPE 303W | Research in Community and Public Health | 3 | F, Sp |

**TWO COURSES from**

|  |  |  |  |
| --- | --- | --- | --- |
| ANTH 237 | Measuring Inequality, Analyzing Injustice | 4 | Annually |
| ANTH 309 | Medical Anthropology | 4 | Alternate years |
| COMM 336 | Health Communication | 4 | Sp |
| GEND 357 | Gender and Sexuality | 4 | F |
| HPE 101 | Human Sexuality | 3 | F, Sp, Su |
| HPE 221 | Nutrition | 3 | F, Sp |
| HPE 403 | Environmental Health | 3 | Annually |
| HPE 410 | Managing Stress and Mental/Emotional Health | 3 | F, Sp |
| HPE 416/GEND 416 | Women’s Health | 4 | Annually |
| HPE 431 | Drug Education | 3 | F |
| PSYC 424 | Health Psychology | 4 | Annually |
| SOC 314 | The Sociology of Health and Illness | 4 | Annually |

**Total Credit Hours: 18-20**

**Note:** ANTH 309 uses HPE 233 (among others) as a prerequisite.

Health Education

**Department of Health and Physical Education**

**Department Chair:** Carol Cummings

**B.S. in Health Education Undergraduate Program Director:** Susan Clark

**M.Ed. in Health Education Graduate Program Director:** Carol Cummings

**Health Education Program Faculty: Associate Professor** Cummings; **Assistant Professors** Clark,  England, Kennedy, Mukherjee

Students **must** consult with their assigned advisor before they will be able to register for courses.

**Health Education B.S.**

**Retention Requirements**

1. A minimum cumulative G.P.A. of 2.75 each semester.

2. A minimum grade of B- in HPE 300, HPE 417 and HPE 418, and a recommendation to continue from the instructors of each course.

3. A minimum grade of B- in all other required and professional courses.

4. Completion of the Professional Service Retention Requirement prior to enrolling in HPE 424.

**Course Requirements**

**Courses**

|  |  |  |  |
| --- | --- | --- | --- |
| HPE 200W | Promoting Health and Well-Being in Schools | 3 | F, Sp |
| HPE 210 | Nutrition Education and Promotion | 3 | Sp |
| HPE 326 | Assessment in Health Education | 2 | Sp |
| HPE 340 | Sexual Health Education and Promotion | 3 | F |
| HPE 410 | Managing Stress and Mental/Emotional Health | 3 | F, Sp |
| HPE 431 | Drug Education | 3 | F |

**Professional Courses**

|  |  |  |  |
| --- | --- | --- | --- |
| CEP 215 | Introduction to Educational Psychology | 4 | F, Sp, Su |
| FNED 101 | Introduction to Teaching and Learning | 2 | F, Sp, Su |
| FNED 246 | Schooling for Social Justice | 4 | F, Sp, Su |
| HPE 300 | Health Education and Health Promotion Pedagogy | 3 | F, Sp |
| HPE 417 | Practicum in Elementary Health Education | 3 | F |
| HPE 418 | Practicum in Secondary Health Education | 3 | Sp |
| HPE 422W | Student Teaching Seminar in Health Education | 2 | F, Sp |
| HPE 424W | Student Teaching in Health Education | 9 | F, Sp |
| HPE 434 | Health Education Student Teaching Capstone | 1 | Early Sp |
| SPED 333 | Introduction to Special Education: Policies/Practices | 3 | F, Sp |
| SPED 433 | Special Education: Best Practices and Applications | 3 | F, Sp |
| TESL 401 | Introduction to Teaching Emergent Bilinguals | 4 | F, Sp |

Note: Students must present current certification in basic first aid, adult-child-infant CPR, and AED in order to student teach.

**Cognates**

|  |  |  |  |
| --- | --- | --- | --- |
| BIOL 108 | Basic Principles of Biology | 4 | F, Sp, Su |
| BIOL 231 | Human Anatomy | 4 | F, Sp, Su |
| BIOL 335 | Human Physiology | 4 | F, Sp, Su |

Note: BIOL 108: Fulfills the Natural Science category of General Education.

Note: BIOL 335: Fulfills the Advanced Quantitative/Scientific Reasoning category of General Education.

Note: CEP 215: Fulfills the Social and Behavioral Sciences category of General Education.

**Total Credit Hours: 70**

**Health Education M.Ed.**

**Admission Requirements**

• Completion of all Feinstein School of Education and Human Development admission requirements.

• Applicants to the School Nurse Teacher certification track are required to have a current Rhode Island Nursing license (Registered Nurse).

**Core Course Requirements**

**Core Courses**

**Foundations Component**

|  |  |  |  |
| --- | --- | --- | --- |
| ELED 510 | Research Methods, Analysis, and Applications | 3 | F, Sp, Su |
|  |  |  |  |
| FNED 502 | Social Issues in Education | 3 | F, Sp, Su |
|  | -Or- |  |  |
| FNED 546 | Contexts of Schooling | 4 | F, Sp |

**Related Disciplines Component**

|  |  |  |  |
| --- | --- | --- | --- |
| SPED 531 | Overview of Special Education: Policies/Practices | 3 | F, Sp, Su |

Subtotal: 36-37

**Choose Concentration A or B**

**A. Health Educator**

**Subtotal: 36-37**

**Professional Education Component**

|  |  |  |  |
| --- | --- | --- | --- |
| HPE 500 | Introduction to Health Education and Health Promotion | 3 | F |
| HPE 501 | Curriculum Design in Health Education | 3 | F |
| HPE 505 | Principles of Program Development in Health Education | 3 | Sp |
| HPE 507 | Epidemiology and Biostatistics | 3 | Sp |
| HPE 562 | Seminar in Health Education | 3 | Sp |

**THREE COURSES from**

|  |  |  |  |
| --- | --- | --- | --- |
| HPE 404 | School Health and Physical Education Leadership | 3 | Sp |
| HPE 406 | Program Planning in Health Promotion | 3 | Sp or as needed |
| HPE 410 | Managing Stress and Mental/Emotional Health | 3 | F, Sp |
| HPE 431 | Drug Education | 3 | F |
| HPE 503 | Health Education Pedagogy | 3 | Sp |
| HPE 504 | Application of Health Content | 3 | F |
| HPE 508 | Psycho-Social Aspects of Human Movement | 3 | As needed |
| HPE 509 | Teaching Sports through a Tactical Perspective | 3 | As needed |
| HPE 522 | Current Issues in Physical Education | 3 | As needed |
| HPE 523 | Adventure Education | 3 | As needed |
| HPE 530 | Family Life and Sexuality Education | 3 | F |
| HPE 531 | Methods and Procedures for School Nurse Teachers | 3 | Sp |
| HPE 550 | Topics in Health/Health Education | 3 | As needed |
| HPE 563 | Professional Ethics and Social Health Issues | 3 | Sp |
| HPE 580 | Workshops in Health/Health Education | 3 | As needed |
| HPE 590 | Directed Study in Health Education | 3 | As needed |
| HPE 591 | Directed Reading in Health Education | 3 | As needed |

Note: HPE 508, HPE 509, HPE 531, HPE 522, HPE 523 and HPE 531: With consent of advisor.

**Electives**

|  |  |  |  |
| --- | --- | --- | --- |
| ELECTIVE | This course should be health-related or in health education. Some students may have to take an additional foundations of education course as this elective. | 3 |  |

**Subtotal: 36-37**

**B. School Nurse Teacher Certification**

This concentration is awaiting RIDE program approval. Please contact the deaprtment chair, Dr. Robin Kirkwood Auld, rauld@ric.edu for the latest update.

**Subtotal: 30-31**

**Professional Education Component**

|  |  |  |  |
| --- | --- | --- | --- |
| CEP 552 | Psychological Perspectives on Learning and Teaching | 3 | F, Su |
| HPE 500 | Introduction to Health Education and Health Promotion | 3 | F |
| HPE 503 | Health Education Pedagogy | 3 | Sp |
| HPE 504 | Application of Health Content | 3 | F |
| HPE 530 | Family Life and Sexuality Education | 3 | F |
| HPE 531 | Methods and Procedures for School Nurse Teachers | 3 | Sp |
| HPE 562 | Seminar in Health Education | 3 | Sp |

**Subtotal: 30-31**

Wellness and Exercise Science

**Department of Health and Physical Education**

**Department Chair:**Carol Cummings

**Wellness and Exercise Science Coordinator:** Jason Sawyer

**Wellness and Exercise Science Program Faculty: Professor** Castagno; **Associate Professors**Auld, Cummings, Tunnicliffe; **Assistant Professors** Clark, England-Kennedy, Mukherjee, Pepin, Sawyer.

Students must consult with their assigned advisor before they will be able to register for courses. Students must present current certification in basic first aid, adult-child-infant CPR, and AED in order to enroll in an internship.

**Wellness and Exercise Science B.S.**

**Admission Requirements**

1. Completion of 24 credits.

2. Minimum G.P.A. of 2.75.

3. Completion of College Math Competency.

4. Minimum Grade of B in FYW 100.

5. Minimum of B- in HPE 140 and HPE 205.

6. Submission of HPE 205 Faculty Reference Form.

**Retention Requirements**

1. A minimum cumulative G.P.A. of 2.75 each semester.

2. A minimum grade of B- in all other required program courses, except for BIOL 108, BIOL 231, BIOL 335, and PSYC 110 or PSYC 215, which, when needed, require a minimum grade of C.

Note: BIOL 108 fulfills the Natural Science category of General Education.

Note: BIOL 335 fulfills the Advanced Quantitative/Scientific Reasoning category of General Education.

**Course Requirements**

**Courses**

|  |  |  |  |
| --- | --- | --- | --- |
| BIOL 108 | Basic Principles of Biology | 4 | F, Sp, Su |
| BIOL 231 | Human Anatomy | 4 | F, Sp, Su |
| BIOL 335 | Human Physiology | 4 | F, Sp, Su |
|  |  |  |  |
| ENGL 230 | Writing for Professional Settings | 4 | F, Sp, Su |
|  | -Or- |  |  |
| MKT 201W | Introduction to Marketing | 4 | F, Sp, Su |
|  |  |  |  |
| HPE 102 | Human Health and Disease | 3 | F, Sp, Su |
| HPE 140 | Foundations: Physical Education and Exercise Science | 3 | F, Sp |
| HPE 201 | Prevention and Care of Athletic Injuries | 3 | Sp |
| HPE 205 | Conditioning for Personal Fitness | 3 | F, Sp |
| HPE 221 | Nutrition | 3 | F, Sp |
| HPE 233 | Social and Global Perspectives on Health | 3 | F, Sp, Su |
| HPE 243 | Motor Development and Motor Learning | 3 | F, Sp |
| HPE 278 | Coaching Skills and Tactics | 3 | F, Sp |
| HPE 301W | Principles of Teaching Activity | 3 | F, Sp |
| HPE 303W | Research in Community and Public Health | 3 | F, Sp |
| HPE 309 | Exercise Prescription | 3 | F |
| HPE 406 | Program Planning in Health Promotion | 3 | Sp or as needed |
| HPE 410 | Managing Stress and Mental/Emotional Health | 3 | F, Sp |
| HPE 411 | Kinesiology | 3 | F, Su |
| HPE 420 | Physiological Aspects of Exercise | 3 | F, Sp |
| HPE 421 | Practicum in Movement Studies and Assessment | 3 | F |
| HPE 427W | Internship in Movement Studies and Recreation | 10 | F, Sp, Su |
| HPE 430 | Seminar in Movement Studies and Recreation | 2 | F, Sp, Su |
|  |  |  |  |
| PSYC 110 | Introduction to Psychology | 4 | F, Sp, Su |
|  | -Or- |  |  |
| PSYC 215 | Social Psychology | 4 | F, Sp, Su |

**TWO COURSES from**

|  |  |  |  |
| --- | --- | --- | --- |
| HPE 151 | Introduction to Recreation in Modern Society | 3 | As needed |
| HPE 244 | Group Exercise Instruction | 3 | Sp |
| HPE 247 | Rhythmic Movement | 3 | Sp |
| HPE 307 | Introduction to Epidemiology | 3 | F, Sp |
| HPE 308 | The Science of Coaching | 3 | Sp |
| HPE 310 | Strength and Conditioning for the Athlete | 3 | F |
| HPE 323 | Teaching in Adventure Education | 3 | F, Sp |
| HPE 404 | School Health and Physical Education Leadership | 3 | Sp |
| HPE 408 | Coaching Applications | 3 | F |
| HPE 451 | Recreation and Aging | 3 | As needed |
| SOC 217 | Sociology of Aging | 4 | F, Sp, Su |

**Total Credit Hours: 85-87**

**Health Care Administration B.S.**

**Director:** Marianne Raimondo  
  
**Health Care Administration Program Faculty: Assistant Professors** Raimondo, Connolly, Rampa

**B.S. in Health Care Administration**

The B.S. in Health Care Administration (HCA) provides baccalaureate-level education and training for students considering careers in the health care industry. The program is specifically targeted for those pursuing supervisory and entry-level management positions and/or preparation for graduate education. The Health Care Administration program focuses on the organization, financing and management of health care organizations and the delivery of health care services in the United States.  
  
Students **must** consult with their assigned advisor before they will be able to register for courses. A graded writing assignment is required in **every** course.  
  
Note: HCA 491: Independent Study I and HCA 492: Independent Study II are available for those seeking departmental honors, with consent of program director and dean.

**Course Requirements**

**Courses**

|  |  |  |  |
| --- | --- | --- | --- |
| ACCT 201 | Principles of Accounting I: Financial | 3 | F, Sp, Su |
| CIS 252 | Introduction to Information Systems | 4 | F, Sp, Su |
| ECON 214 | Principles of Microeconomics | 3 | F, Sp, Su |
|  |  |  |  |
| FIN 301 | Financial Management | 4 | F, Sp, Su |
|  | -Or- |  |  |
| HCA 330 | Health Care Finance | 3 | Annually |
|  |  |  |  |
| HCA 201W | Introduction to Health Care Systems | 3 | F, Sp, Su |
| HCA 302 | Health Care Organizations | 3 | F, Sp |
| HCA 303W | Health Policy and Contemporary Issues | 3 | F, Sp |
| HCA 355 | Quality Management/Improvement in Health Care | 3 | F, Sp |
| HCA 401W/HCA 501 | Ethical and Legal Issues in Health Care Management | 3 | F, Sp, Su |
| HCA 461W | Seminar in Strategic Health Care Management | 3 | As needed |
| HCA 467 | Internship in Health Care Administration | 4 | F, Sp, Su |
| MGT 201W | Foundations of Management | 4 | F, Sp, Su |
| MGT 320 | Human Resource Management | 4 | F, Sp, Su |
| MGT 322W | Organizational Behavior | 4 | F, Sp, Su |
| MKT 201W | Introduction to Marketing | 4 | F, Sp, Su |

Note: With permission of program director, HCA 490: Directed Study may be substituted for any 300/400 level HCA course.  
Note: Please note that HCA 201, HCA 302, HCA 303 and HCA 401 were previously offered as NURS 201, NURS 302, NURS 303 and NURS 401, and these courses are equivalent to the HCA courses.

**THREE COURSES from**

(It is recommended that the three courses be taken from the same category, but courses may be selected from multiple categories)

**Gerontology**

|  |  |  |  |
| --- | --- | --- | --- |
| GRTL 314/NURS 314 | Health and Aging | 4 | F, Sp, Su |
|  | -Or- |  |  |
| NURS 314/GRTL 314 | Health and Aging | 4 | F, Sp, Su |
|  |  |  |  |
| HCA 403 | Long-Term Care Administration | 3 | Annually |
| HCA 404 | Long-Term Care Laws and Regulations | 2 | Annually |
| SOC 217 | Sociology of Aging | 4 | F, Sp, Su |
| SOC 320 | Aging and the Law | 3 | Annually |

Note: SOC 217: Fulfills the Social and Behavioral Sciences category of General Education.

**Human Resource Management**

|  |  |  |  |
| --- | --- | --- | --- |
| MGT 423 | Compensation and Benefits Administration | 4 | F |
| MGT 425 | Recruitment and Selection | 4 | F |
| MGT 428 | Human Resource Development | 4 | Sp |
| MGT 430 | Strategic Human Resource Management | 4 | Sp |

**Informatics**

|  |  |  |  |
| --- | --- | --- | --- |
| CIS 440 | Issues in Computer Security | 4 | F, Sp |
| CIS 455 | Database Programming | 4 | F, Sp |
| HCA 402 | Health Care Informatics | 3 | As needed |

**Management Foundations**

|  |  |  |  |
| --- | --- | --- | --- |
| ACCT 202 | Principles of Accounting II: Managerial | 3 | F, Sp, Su |
| MGT 349 | Service Operations Management | 4 | F |
| MKT 334W | Consumer Behavior | 4 | F, Sp |
| POL 301W | Foundations of Public Administration | 4 | F |

**Wellness**

|  |  |  |  |
| --- | --- | --- | --- |
| ANTH 309 | Medical Anthropology | 4 | Alternate years |
| HPE 406 | Program Planning in Health Promotion | 3 | Sp or as needed |
| PSYC 424 | Health Psychology | 4 | Annually |
| SOC 314 | The Sociology of Health and Illness | 4 | Annually |

**Cognates**

|  |  |  |  |
| --- | --- | --- | --- |
| BIOL 103 | Human Biology | 3 | F, Sp, Su |
|  | -Or- |  |  |
| BIOL 108 | Basic Principles of Biology | 4 | F, Sp, Su |
|  |  |  |  |
| COMM 230 | Interpersonal Communication | 4 | F |
| ENGL 230 | Writing for Professional Settings | 4 | F, Sp, Su |
| MATH 177 | Quantitative Business Analysis I | 4 | F, Sp, Su |
| MATH 240 | Statistical Methods I | 4 | F, Sp, Su |
| PSYC 221W | Research Methods I: Foundations | 4 | F, Sp, Su |

Note: BIOL 108: Fulfills the Natural Science category of General Education.

Note: MATH 177, MATH 240: Fulfills the Mathematics category of General Education.

Note: Up to 8 credit hours may simultaneously fulfill General Education requirements.

**Total Credit Hours: 82-88**

**HPE 346 - Pedagogical Skills in Elementary Health/Physical Education (3)**

Basic principles of comprehensive health education and physical education programs for elementary schools are addressed. 4 contact hours.

Prerequisite: Admission to the Feinstein School of Education and Human Development.

Offered: Fall, Spring, Summer.

**HPE 351 - Leadership and Supervision of Recreation (3)**

Leadership styles and techniques appropriate for different age groups and a variety of settings are analyzed.

Prerequisite: HPE 151.

Offered: As needed.

**HPE 356 - Recreation Practicum (4)**

Students assist in the development, presentation and evaluation of leisure-time activities in community, agency, school or college settings. Lecture and field experience. 7 contact hours.

Prerequisite: HPE 151 and HPE 252.

Offered: As needed.

**HPE 390 - Independent Study in Physical Education (1)**

Students select a topic and undertake concentrated research under the supervision of a faculty advisor.

Prerequisite: Consent of department chair.

Offered: As needed.

**HPE 402 - Advanced Practicum in Curriculum and Instruction (3)**

Students analyze select individual/dual and team sport skills, tactics and strategies to develop appropriate teaching progressions. Observations and supervised teaching experiences in pre-K-12 school settings are included.

Prerequisite: HPE 207, HPE 208, HPE 300, HPE 301 or HPE 301W, HPE 418 or HPE 418W and admission to the health and physical education teacher preparation program or consent of department chair.

Offered: Spring.

**HPE 403 - Environmental Health (3)**

Students survey environmental health from holistic and interdisciplinary perspectives. They examine the interactive nature of natural and anthropogenic environments, and their impacts on community and population health and health promotion.

Prerequisite: 45 credit hours or consent of department chair.

Offered: Annually.

**HPE 404 - School Health and Physical Education Leadership (3)**

Topics include practical organizational and administrative content and skills, consideration for program planning, teacher evaluation, curriculum, policies, leadership, technology and standards for health education, physical education and extracurricular activities.

Prerequisite: HPE 414 or HPE 414W, or HPE 418 or HPE 418W, or concurrent enrollment in HPE 414W, or HPE 418W, or consent of department chair.

Offered: Spring.

**HPE 406 - Program Planning in Health Promotion (3)**

Students take systematic approaches to developing interventions and programs that promote healthy communities. Planning models, needs assessments, behavior change theories, social marketing, program implementation and evaluation methodologies are addressed.

Prerequisite: HPE 303; a minimum cumulative GPA of 2.75; or consent of the department chair.

Offered: Spring or as needed.

**HPE 408 - Coaching Applications (3)**

Effective planning, implementation and evaluation of practice and game management, as well as seasonal responsibilities of the coach, are analyzed. Includes field work in coaching.

Prerequisite: HPE 201, HPE 205, HPE 243, HPE 278, HPE 308, and current first aid/CPR (infant, child, and adult with AED) certification.

Offered: Fall.

**HPE 409 - Adapted Physical Education (3)**

Individual differences that affect motor learning and performance are considered. Individual educational programs in adaptive, developmental, corrective and inclusive physical education are designed. Laboratory is included.

Prerequisite: SPED 333 and concurrent enrollment in or completion of HPE 413 or HPE 414.

Offered: Spring.

**HPE 410 - Managing Stress and Mental/Emotional Health (3)**

Students explore connections between mental and physical health as related to managing stress. Activities include the identification of sources, the identification of the impact of stress on health, and the implementation of stress management techniques.

Prerequisite: 45 credit hours or consent of department chair.

Offered: Fall, Spring.

**HPE 411 - Kinesiology (3)**

The effects of physical and anatomical principles on the performance of motor patterns are studied and the mechanical analysis of specific activities are analyzed.

Prerequisite: BIOL 231, HPE 313 (for HPE majors) or HPE 278 (for CHW-WMS majors) and admission to the Feinstein School of Education and Human Development or consent of department chair.

Offered: Fall, Summer.

**HPE 412 - Organization and Administration of Physical Education Programs: Prekindergarten through Grade Twelve (3)**

Topics include the practical organizational aspects of decision making, program planning and evaluating, as well as administrative concerns involved in physical education programs, athletics, intramurals and selected special areas. 4 contact hours.

Prerequisite: HPE 301 or HPE 301W, or HPE 418 or HPE 418W, consent of department chair.

Offered: Fall.

**HPE 413 - Practicum in Elementary Physical Education (3)**

Practice creating and implementing developmentally appropriate lessons associated with rhythmic, individual, dual, team and adventure activities at the elementary level. Includes observations and supervised teaching experiences in PK-5 settings. (Formerly Practicum in Creative Movement and Dance.) 4 contact hours.

Prerequisite: HPE 313; admission to the Feinstein School of Education and Human Development or consent of department chair.

Offered: Spring.

**HPE 414W - Practicum In Secondary Physical Education (3)**

Practice creating and implementing developmentally appropriate lessons associated with rhythmic, individual, dual, team and adventure activities at the secondary level. Includes observations and supervised teaching experiences in 6th-12th grade settings. (Formerly Practicum in Individual and Dual Activities.) 6 contact hours. This is a Writing in the Discipline (WID) course.

Prerequisite: HPE 314 and HPE 315; admission to the Feinstein School of Education and Human Development or consent of department chair.

Offered: Spring.

**HPE 415 - Teaching/Assessment in Adapted Physical Education (3)**

Students assess individuals to determine if APE services are needed. Creating/implementing lesson plans in gross motor function, instructional tools and IEP’s are practiced. Supervised teaching in school settings are included.

Prerequisite: HPE 409 and SPED 433 with a minimum grade of B-; or consent of department chair.

Offered: Fall.

**HPE 416 - Women’s Health (4)**

Students examine women’s health from a holistic, and interdisciplinary perspective. Personal, social, cultural, and societal influences on the health of women, health disparities, and effective health promotion efforts are explored. Students cannot receive credit for both HPE 416 and GEND 416.

Prerequisite: 45 credit hours or consent of department chair.

Cross-Listed as: GEND 416.

Offered: Annually.

**HPE 417 - Practicum in Elementary Health Education (3)**

Students prepare and implement skills-based school health education lessons for the elementary student. Included are planning and implementation of a unit plan and a supervised teaching experience.

Prerequisite: HPE 300 or consent of department chair.

Offered: Fall.

**HPE 418W - Practicum in Secondary Health Education (3)**

Students prepare and implement skills-based school health education for the secondary student. Included are development of a unit plan and a supervised teaching experience. This is a Writing in the Discipline (WID) course.

Prerequisite: HPE 417 or consent of department chair.

Offered: Spring.

**HPE 419 - Practicum in Community and Public Health (3)**

Students gain experience designing, implementing and evaluating community and public health and disease prevention programs and interventions. Focus includes health policy as it applies to health promotion and population health.

Prerequisite: BIOL 231, BIOL 335; HPE 406; a minimum cumulative GPA of 2.75; or consent of department chair.

Offered: Fall.