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HPE 406 - Program Development in Health Promotion (3)

Students will learn a systematic approach to develop health promotion programs. Planning models, needs assessments, behavior change theories, social marketing, program implementation, and evaluation techniques will be addressed.

Prerequisite: HPE 300 or HPE 301; HPE 303; or consent of the department chair.

Offered: Spring or as needed.

HPE 408 - Coaching Applications (3)

Effective planning, implementation and evaluation of practice and game management, as well as seasonal responsibilities of the coach, are analyzed. Includes field work in coaching.

Prerequisite: HPE 201, HPE 205, HPE 243, HPE 278, HPE 308, and current first aid/CPR (infant, child, and adult with AED) certification.

Offered: Fall.

HPE 409 - Adapted Physical Education (3)

Individual differences that affect motor learning and performance are considered. Individual educational programs in adaptive, developmental, corrective and inclusive physical education are designed. Laboratory is included.

Prerequisite: SPED 433 and concurrent enrollment in or completion of HPE 413 or HPE 414.

Offered: Spring.

HPE 410 - Stress Management ()

Students explore connections between mental and physical health as related to managing stress. Activities include the identification of sources, the identification of the impact of stress on health, and the implementation of stress management techniques.

Prerequisite: 45 credit hours or consent of department chair.

Offered: Fall, Spring.

HPE 411 - Kinesiology (3)

The effects of physical and anatomical principles on the performance of motor patterns are studied and the mechanical analysis of specific activities are analyzed.

Prerequisite: ~~BIOL 231, HPE 206 (for HPE majors) and admission to the Feinstein School of Education and Human Development or consent of department chair~~[BIOL 231](http://ric.smartcatalogiq.com/en/2017-2018/Catalog/Courses/BIOL-Biology/200/BIOL-231%22%20%5Ct%20%22_blank), [HPE](http://ric.smartcatalogiq.com/en/2017-2018/Catalog/Courses/HPE-Health-and-Physical-Education/200/HPE-206%22%20%5Ct%20%22_blank)313 (for PE majors) or HPE 278 (for CHW-WMS majors) and admission to the Feinstein School of Education & Human Development or consent of department chair. Offered: Fall.

HPE 412 - Organization and Administration of Physical Education Programs: Prekindergarten through Grade Twelve (3)

Topics include the practical organizational aspects of decision making, program planning and evaluating, as well as administrative concerns involved in physical education programs, athletics, intramurals and selected special areas. 4 contact hours.

Prerequisite: HPE 301 or HPE 418 or consent of department chair.

Offered: Fall.