# Counseling Programs Annual Report - 2017/18

The MS in Clinical Mental Health Counseling program received Council for Accreditation of Counseling and Related Educational Programs (CACREP) accreditation for 8 years (2016 to 2024)

## MS CMHC Program Admission

	Fall 14	Spring 15	Fall 15	Spring 16	Spring 17	Spring 18
Applied	24	7	22	43	36	42
Accepted	18	6	15	22	27	36
Enrolled	10	5	11	13	20	23

## **CGS Advanced Counseling**

	15/16	16/17	17/18
Applied	33	31	20
Admitted	22	26	19 (matric=13)

# **Program Completers**

	Spr 16	Spr 17	Spr 18
MS CMHC (cohort 1 admitted fall 13)	11	14	8
CGS AC	13	22	23

## **Completion Rate**

MS CMH

- spring 17 completing in 3 years = 88%
- spring 18 completing in 3-4 years = 83%

#### Pass Rate/Credentialing Exam

100% of students in Spring 18 Internship successfully completed the Counselor Preparation Comprehensive Exam. Graduates of the program will take NCMHCE 2 years after the Masters when clinical hours are complete (expected 2018)

#### Placement Rate

100% of 2018 MS graduates (n=5) who responded to an alumni survey reported that if they were seeking employment in mental health post graduation they are working in mental health locations. This is an increase from 72% in 2017.

## Program/ Student Outcomes

The MS in Clinical Mental Health Counseling program has 6 Student Learning Outcomes (SLO). Items 1-3 were evaluated for 2017/18.

- **1.** Students demonstrate ability to use **counseling skills** and a variety of therapeutic techniques typically employed in a range of clinical settings.
- **2.** Students demonstrate professional **counseling dispositions**, professional self-awareness, an ongoing commitment to professional growth, motivation, openness to feedback, and maintenance of boundaries in their work as counselors.
- **3**. Students demonstrate **professional counseling behaviors** and necessary skills to practice according to ethical codes and standards of practice.
- 4. Students demonstrate understanding of career development and interrelationships among work, family and other life factors
- 5. Students demonstrate understanding of group development, dynamics and methods and the ability to design and conduct effective groups.
- 6. Students demonstrate the ability to assess, formulate diagnosis and create treatment plans to inform and guide evidence-based treatment.

Items reviewed to assess 2017/18 Student Outcomes

Table 1 – Counselor Competency Skills: Counseling Skills and Dispositions

Table 2 - Counselor Preparation Comprehensive Exam

Table 3 – Supervisor Evaluation of Students

# Assessment Tables I: Counselor Competencies Scale Mean Percentage Scores by Cohort !A. Cohort 1(began '13; completed '16)

	CEP 538	CEP 539	CEP 683	CEP 684
Counseling Skills Scale 1	88.02%	n/a	72.19%	n/a
Professional Dispositions Scale 2	95.94%	81.66%	81.39%	79.03%
Professional Behaviors Scale 3	n/a	79.73%	71.25%	75.63%

1B. Cohort 2 (began '14; completed '17)

	CEP 538	CEP 539	CEP 683	CEP 684
Counseling Skills Scale 1	76.92%	n/a	80.71%	n/a
Professional Dispositions Scale 2	85.15%	77.66%	87.27%	81.38%
Professional Behaviors Scale 3	n/a	75.41%	n/a	86.22%

## 1C. Cohort 3 (began '15; completed '18)

	<b>CEP 538</b>	CEP 539	NEW Version	<b>CEP 683</b>	CEP 684	CEP 611
			CCS-R			
Counseling Skills Scale 1	98.57	n/a	Counseling Skills and Therapeutic conditions Scale 1	98.25	97.25	n/a
Professional Dispositions Scale 2	80	84.75	Counseling Dispositions and Behaviors Scale 2	100	98.125	85*
Professional Behaviors Scale 3 (not part of CCS R)	n/a	81				

<sup>\*</sup>Reported by site supervisor

# 1D Mean percentage Scores of Skills, Professional Dispositions, Professional Behaviors, and Self-Efficacy – Combined Cohorts 1. 2 & 3

	CEP 538	CEP 539	CEP 683	CEP 684	CEP 611
Counseling Skills	87.84		83.72	97.25*	
Professional Dispositions	87	81.35	89.55	86.18	85*
Professional Behaviors		78.7	71.25**	80.93***	
Self-Efficacy	60.55	83.82	71.13	82.50	

<sup>\*</sup>Began collection cohort 3; \*\*Collected only cohort 1; \*\*\*collected only cohorts 1&2

Table 2 Counselor Preparation Comprehensive Exam

Section	RIC Mean F 17	National Mean	RIC Mean SP 17	National Mean
C1: Human Growth and Development	12.5	11.6	10.6	11.6
C2: Social and Cultural Diversity	11.1	10.3	9.6	10.3
C3: Helping Relationships	14.9	11.9	11.4	11.9
C4: Group Work	11.0	10.8	10.8	10.8
C5: Career Development	12.1	9.4	9.2	9.4
C6: Assessment	11.6	10.6	10.2	10.6
C7: Research and Program Evaluation	13.1	11.0	10.8	11.0
C8: Professional Orientation and Ethical Practice	11.6	11.4	10.0	11.4

Table 3 Supervisor Evaluation of Student – Mean Scores Spring 18

	Adv Prac	Intern
	(684)	(611)
Student Performance on Specific Standards [c) Knows the models, methods, and principles of program development and service delivery (e.g. support groups, peer facilitation training, parent education, self-help) (CACREP C3)]	3.36	3.83
Student Performance on Specific Standards [b) Demonstrates appropriate use of culturally responsive individual, couple, family, group, and systems modalities for initiating, maintaining, and terminating counseling (CACREP D5)]	3.5	3.67
Student Performance on Specific Standards [c) The student's ability to modify counseling systems, theories, techniques, and interventions to make them culturally appropriate for diverse populations (CACREP F3)]	3.33	3.67
Student Performance on Specific Standards [a) The student's ability to demonstrate appropriate use of diagnostic tools, including the current edition of the DSM, to describe the symptoms and clinical presentation of clients with mental and emotional impairments (CACREP L1)]	3.08	3.337
Student Performance on Specific Standards [b) The student's ability to demonstrate skill in conducting an intake interview, a mental status evaluation, a biopsychosocial history, a mental health history, and a psychological assessment for treatment planning and caseload management (CACREP H2)]	3.25	3.33

Scale: 1 - Does not meet standard; 2 - Approaching standard; 3 - Meets standard; 4 - Exceeds standard